

Maine Association for Health, Physical Education, Recreation, and Dance

You are invited to the 77th Annual MAHPERD Conference

Engage • Educate • Inspire

Refresh. Renew. Refocus



Early Bird Registration Begins Monday, August 15, 2022

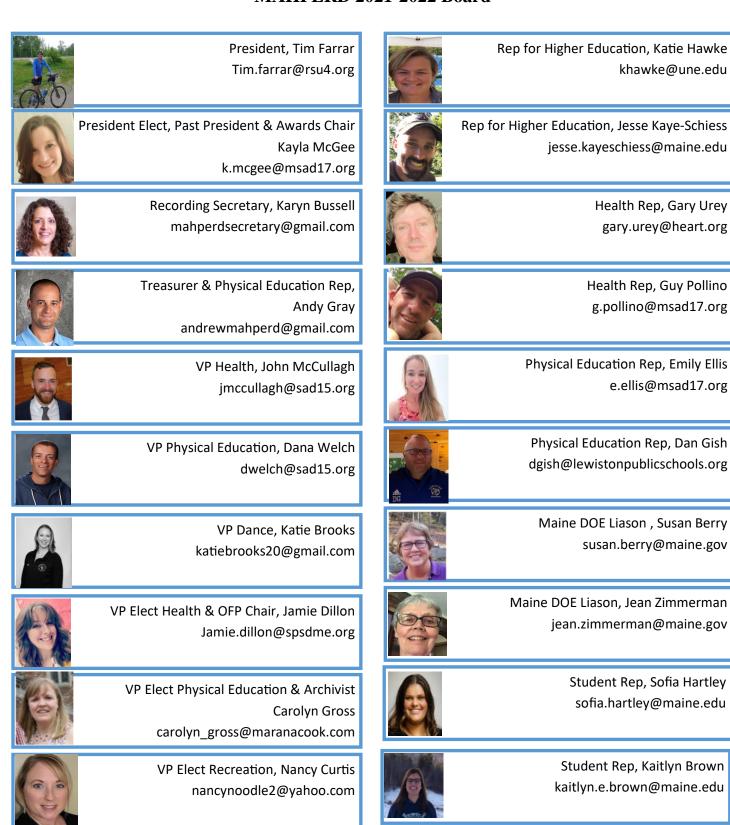
Click on this link to register for conference:

https://maineahperd.org/

Cash, checks and credit cards are accepted. Purchase orders are not accepted.

Register on or before October 1st to take advantage of the lower EARLY BIRD conference rate. Conference registration fees should be received by MAHPERD prior to the conference.

MAHPERD 2021-2022 Board



Executive Director, Deb Smith executivedirector.mahperd@gmail.com

Conference Planner, Joanne DeCampos

mahperdconfcoor@gmail.com

Adapted Physical Education (APE) Rep

Becky Belmore

bbelmore@msad51.org

2022 MAHPERD Conference Registration Fees

August 15, 2022 - October 1, 2022 - EARLY BIRD REGISTRATION

Conference Registration: \$150 (includes \$50 membership for 2022/2023) Student/Retiree Registration: \$55 (includes \$15 membership for 2022/2023)

October 2, 2022 - November 6, 2022

Conference Registration: \$180 (includes \$50 member for 2022/2023) Student/Retiree Registration: \$85 (includes \$15 membership for 2022/2023)

BOOK YOUR ROOM AT THE SAMOSET BEGINNING AUGUST 15, 2022

Samoset Resort Reservation Deadline is October 28, 2022 or when room block is sold out.

Call the Samoset Resort directly at 800-341-1650 OR click on this link below:

https://tinyurl.com/Samoset-Reservation

If you are rooming with another person(s), please give the name (s) when you register. Be sure to specify that you are with the **MAHPERD conference** to receive the special rate.

\$135 single or double rooms

\$309 suites

To avoid being charged tax on your room you must pay with a school credit card or school check and you must present your school's tax-exempt form when you check in!



The MAHPERD board is taking orders for this C2 performance brand, wicking, light gray t-shirt which will have the MAHPERD logo on the left chest

\$18/shirt

Place your order and include payment with your registration. Shirts will be available at the conference check in at the Samoset!

Show your MAHPERD pride!

MAHPERD PROFESSIONAL DEVELOPMENT GRANT PROGRAM



This grant program provides financial support of \$150 for up to 10 MAHPERD members to attend the annual MAHPERD Conference. Grant applications

are quick and easy and must be submitted by October 5, 2022.

Click below to submit a grant application:

https://maineahperd.org/Grants

This is a post conference reimbursement grant after receipts are sent to MAHPERD. The reimbursement must be made to an individual not to a school.

FIRST 100 HEALTH EDUCATION TEACHERS AND THE FIRST 100 PHYSICAL EDUCATION TEACHERS WHO REGISTER FOR CONFERENCE WILL RECEIVE A FREE BOOK AT CONFERENCE CHECK IN!

Through a partnership with the Maine Department of Education and the Maine Center for Disease Control and Prevention MAHPERD is able to provide:

The First 100 Health Education Teachers to register for conference with a copy of this book:

Ready, Set Go: The Kinesthetic Classroom 2.0 (Corwin) by Michael S. Kuczala

The first 100 Physical Education Teachers to register for conference with a copy of this book:

Building Character, Community, and a Growth Mindset in Physical Education by Author: Leigh Anderson & Donald Glove

2022 Conference Meals

We are pleased to offer these four meals during conference. The meal prices include gratuity and tax and are subsidized by MAHPERD.

Please indicate which meals you are purchasing when you register for conference.

DIETARY NEEDS? Please note on your conference registration form to help us meet your needs.

Sunday Awards Banquet Dinner - \$35

Choose one entrée: chicken marsala with rice, homestyle lasagna, or veggie lasagna
All entrees include: seasonal vegetables, whole wheat rolls and butter, fresh coffee, herbal teas, and

NY style cheesecake for dessert

Monday Breakfast - \$19

Sliced fruit, fresh fruit juices, scrambled eggs, bacon, home fries, blueberry muffins, coffee and tea

Monday Lunch - \$19

Taco buffet station with all the fixings, chicken and beef, iced tea, lemonade, cookies and whole fruit

Tuesday Breakfast - \$19

Sliced fruit, fresh fruit juices, scrambled eggs with cheddar cheese, sausage links, home fries, bagel station, coffee and tea

Heart Rate Monitor Kits, Fitness Trackers, and Eight Full Scholarships to the 2022 Maine AHPERD Conference

Through a partnership with the Maine Department of Education and the Maine Center for Disease Control and Prevention MAHPERD is able to provide:

- **8 full scholarships** to the 2022 MAHPERD conference (includes conference registration, a 1 year MAHPERD membership, two nights lodging at the Samoset and a complete conference meal package).
- 5 Classroom Curriculum Kits with 20 Heart Rate Monitors
- 2 Classroom Curriculum Kits with 10 Heart Rate Monitors

Sets of Fitness Trackers (as inventory allows)

Applicants must meet the eligibility criteria to be awarded a classroom curriculum kit of heart rate monitors or a set of fitness trackers.

If your school meets the criteria please click on the link below and complete the application. *Only one kit will be awarded per school district, however, more than one school within a district may apply.

- Teach Physical Education
- You do not currently have heartrate monitors in your school and do not have the financial means to purchase a heart rate monitor classroom kit
- Have not received a PEP Grant
- Must attend the 2022 MAHPERD Conference
- Must attend the Heart Zone session on Monday, November 7 at 2:30 pm
- Must complete an evaluation after using the heartrate monitors or fitness trackers in the first year
- Must describe how the devices will be used with students

Click on this link to apply for heart rate monitors or fitness trackers:

https://forms.office.com/g/EUUBi2LgEQ

SCHOLARSHIP TO CONFERENCE. Win a FULL scholarship to the 2022 MAHPERD Conference. Click on the link below for the criteria and to apply.

Applications for the eight full scholarships must be completed between August 15, 2022 and September 15, 2022.

The winners will be notified by September 17, 2022. Winners must complete the conference registration before September 30, 2022.

Click on this link to apply for this FREE scholarship: https://forms.office.com/g/5fcKR46MZF

Educational Trip Leader Training

Sunday, November 6, 2022

8:00 am - 4:00 pm at the Samoset

Fee: \$50 for MAHPERD members (\$60 for non-MAHPERD members). Note that an ETL permit application fee is \$25 and is valid for 5 years, which is a separate fee paid to the State of Maine. You will learn how and where to pay this ETL permit fee at the training.

Do you incorporate canoeing or hiking in your PE program or Outdoor Club activities? Do you want more training and a new state level certification on how to safely facilitate school sponsored outdoor activities?

This workshop will cover the required training components of the **NEW** Maine Educational Trip Leader (ETL) Permit. This is a new permit that enables educators to be in compliance with Maine statute for Registered Maine Guides, without needing to become a Guide. Previously, there has been no path to compliance for educators that were not Guides. As of Fall 2022 it will be a required certification if you intend to lead students on overnight trips in a backcountry setting or any trip on water.

The workshop is for any educator that wishes to take students into outdoor backcountry/remote settings for trips (such as hiking and camping) or any kind of paddling on inland waters. It will also be beneficial for any educator working with students outdoors, even those who do not wish to pursue the ETL permit. We will cover topics including: risk management, planning, group facilitation, camp craft skills, Leave No Trace, and water safety. Following participation, attendees will take a written test and be able to apply for an ETL permit if they have a current Wilderness First Aid (or greater) certification.

- Lunch is included with the fee
- Pre-Course Work: There will be about 2 hours of pre-course work that participants will need to complete prior to the in-person workshop. Details will be sent to participants well in advance of November.



Lauren Jacobs from the University of Maine Outdoor Leadership program and Alicia Heyburn from Teens to Trails will be facilitating the workshop.

MAHPERD Member Registration Link: https://maineahperd.org/event-4865112

NON MAHPERD Member Registration Link https://maineahperd.org/event-4931056

Lauren



Alicia

Physical Education Pre-Conference

Sunday, November 6, 2022 1:00 - 3:45 pm

This pre-conference session is included in your conference registration.

Pre-registration is required!

The Possibilities of Movement



Explore a different approach to the teaching of human movement through physical education. This method uses components of movement, rather than sports, as the framework for activities in any level of physical education. Be assured that sports are taught but this approach allows all forms and activities of human movement to be introduced for the student to "play with". This format also allows both student and teacher to analyze strengths and weaknesses in any movement activity.....excellent for the coach in all of us.

Presenter: Bob Oates
Discipline: K-12 PE/Rec

Bob was a 1973graduate from SUNY Cortland with a degree in Physical Education and an emphasis in Dance. He started his teaching career in the Albany, N.Y. area at Bethlehem Schools teaching elementary PE. Between 1978 and 2006 he taught Physical Education at the elementary level for 13 years, at the high school level for 9 years, and was an elementary principal for 6 of those years. His classes at the high school included Physical Education but also a Dance History course and one in Choreography for a student's Art credit. Over those years he choreographed 12 musicals for the High School theater club, coached Track, Cross Country, Football and Soccer. Upon retirement, he became an adjunct instructor of Physical Education at Sage College of Albany teaching many courses till 2019 when Maine came a-calling.

This session that Bob is presenting took form in 1979, was adopted by the school district in 1993 and remains in place today. It has always been a work in progress as you will find out in this workshop.

We will be providing you information about a new app for the 2022 conference.

Health Education Pre-Conference

Sunday, November 6, 2022 1:00 - 3:45 pm

This pre-conference session is included in your conference registration.

Pre-registration is required!

Health Education & Interdisciplinary Project-Based Learning (IPBL)



Maine DOE is supporting student-centered education through Interdisciplinary Project-Based Learning (IPBL). In this interactive session participants will develop or expand their understanding of the essential components of IPBL student-centered learning including equitable grading practices, UDL/LE (Universal Design for Learning/Learning Environments), Teaching for Transfer of Learning, and Project-Based Learning focusing on the interplay of standards from multiple disciplines including health education. Participants will develop learning goals that address multiple standards and disciplines at once and experience a variety of tools that will apply to their own professional practice.

Presenter: Morgan Dunton

Morgan Dunton has been with the Maine DOE for 18 years, formerly as an English Language Arts Specialist and now as an Interdisciplinary Instruction Specialist. Morgan has worked with educators across the state of Maine and collaborated with Colleagues across the country. As an ELA state lead, Morgan has supported English teachers as well as educators from all disciplines including whole-school and whole-district professional learning events. Morgan feels that literacy development is essential for success in any discipline and is helping to redefine literacy in the 21st century.

Monday Night PEP RALLY 7:00 - 10:00 pm at the Samoset

Do pep rallies PUMP you UP? Do you LOVE to COMPETE? How about a GOOD laugh? Join us for our first ever MAHPERD Pep Rally for our Monday Night Event. We will be challenging our members to wear your NEON, get loud, have fun, and compete in a variety of competitions. More information will be provided prior to conference!

Monday, November 6, 2022 KEYNOTE SESSION

11:30 AM - 12:30 PM in the Knox County Ballroom

Please Welcome Maria Corte

MESA High School MESA, Arizona



CHANGING ATTITUDES: To Learn, Do, and Be More!

A positive and successful classroom environment is one where teachers and students feel physically, emotionally, and socially comfortable. This motivational presentation will **Refresh, Renew and Refocus** your mindset by taking a closer look at several strategies teachers can use to help themselves and their students enjoy physical education and the love of learning. Classroom management, health topics, physical activity, motivation and social emotional learning are just a few topics which will be discussed along with get up and move" brain break activities!

Maria Corte attended Arizona State University where she received a Physical Education bachelor's degree. She received her master's degree from the University of Phoenix in Education Administration. Maria has been teaching at Mesa High School for 28 years and taught at Arizona State University for 8 years. She is a PE consultant with Corte PE Consulting as well as with Gopher Sport. While teaching and being the department chair at Mesa High, Maria has coached varsity volleyball, track, cheerleading, soccer, and Elite Fitness. Maria was named the 2004 SHAPE Arizona High School Physical Education Teacher of the Year and in 2005 she received the SHAPE Southwest District High School Teacher of the Year Award. She has two boys who attend Arizona State and enjoys mountain biking in her free time.

OVER 70 STATE AND NATIONAL SPEAKERS AT CONFERENCE!

- Valuable new programs, products, and services for health education, physical education, recreation, and dance
- Instructional and assessment tools for developing physically and health literate individuals
- Modeling of instruction in physical education and health education for all grades
- Best practices in curriculum and instruction such as teaching standards-based lessons and implementing a skills-based approach to teaching health education and physical education

Tuesday, November 8, 2022 ENDNOTE SESSION

11:00 AM - 11:45 AM in the Camden Room

Please Welcome Joshua Kennison

Retired, Elite, Para-Athlete

You Can Do Anything



The South Paris, retired, elite para-athlete, who refused to allow obstacles to stand in his way of living a fruitful life, was born missing his feet, arms, tongue and half of his jaw. In July 2013, he arrived in Lyon, France, to compete in the International Paralympic Committee (IPC) Athletics World Championships — where he won a bronze medal.

Besides Joshua's athletic accomplishments as a sprinter and long jumper, he is also a motivational speaker who is a recipient of the 2010 Amway Hero award. Most recently Joshua has been named the varsity boys soccer coach at Poland High School.

Joshua will share how he has overcome many obstacles, taking accountability, discipline and having a positive mindset. There are no limits in life. We set the standard in our brains.

"I just want to tell people that no matter what you are born with, no matter the circumstance, you can do anything you set your mind to."



2022 Conference at a Glance

REGISTRATION

Sunday 12:45 pm - 5:00 pm; Monday 7:30 am - 4:00 pm; Tuesday 7:30 am - 9:00 am

EXHIBITS Monday 8:00 am - 3:00 pm

Sunday, November 6, 2022 - PRE-CONFERENCE - MUST PRE-REGISTER

8:00 am - 4:00 pm	Maine Educational Trip Leader (ETL) Permit	Lauren Jacobs, & Alicia Heyburn
	(THERE IS AN ADDITIONAL COST OF \$50/P	PERSON FOR THIS TRAINING)

1:00 - 3:45 pm	The Possibilities of Movement	Bob Oates
1:00 - 3:45 pm	Health Education & Interdisciplinary Project-Based Learning (IPBL)	Morgan Duton

1:30 - 2:30 pm Session 1

Educational Gymnastics	Becki Belmore
Getting the Swing of the Best Racket & Paddle Activities	Jerry Honeycutt
Elementary Physical Education Sharing Session	MAHPERD Board

2:45 - 3:45 pm Session 2

Health Education for Students with Special Needs	Jeni Jordan & Kayla McGee
"Great Balls of Fire": Bounce into Fitness K-12 (Part I)	Maria Corte
Teaching Dance In Physical Education	Carol Ciotto
Playing Your Way to SEL	Evan Norwood

4:00 – 5:00 pm Session 3

Brainball - Teaching Math and Literacy Through Active Play	Tim Taggart
Health Teacher Tricks of the Trade and Sharing Session	Erin Bjorkdahl
Creating a Championship PE Program	Jerry Honeycutt
Using Assessment Tools to Inform Instruction and Goal Setting	Rose Angel & Shannon Fotter
Motor Abilities and How We Can Train All Athletes	David Cusano

5.30 - 6.20 nm	SOCIALS - Join Us ·	MAHPERD (for all r	nembers) & other	colleges/universities
3.30 - 0.40 DH	SUCIALS - JUIL US :	· VIAIII MIXII (101 AII I	nembers) & omer	COMEREN IIIII VEI SIIMES

6:30 - 7:30 pm AWARDS DINNER (Knox County Ballroom)

7:30 - 8:30 pm AWARD PRESENTATIONS (Knox County Ballroom)

2022 Conference at a Glance

Monday, November 7, 2022

5:30 - 7:30 am Samoset Pool and Fitness Center Open (no charge for hotel guests)

7:00 - 8:15 am BREAKFAST (State of Maine Hall)

8:15 - 9:15 am Session 4

Promoting Inclusion through Kin-Ball
Adapted Physical Education Advocacy Update
Awesome Quick Instant Activities for All K-12 Students
You Won't Believe it's Dance! (will be repeated at 2:30 today)
Teach Alongside Your Students
Supporting an Active & Engaging Recess
Equity & Justice in Health Education

Paolo Zambito
Rose Angell
Jerry Honeycutt
Bob Oates
Cassie Turcotte
Dawn LaValle
Sarah Benes

The Plyometric Conditioning Continuum - If You Jump, You Need to Land!

Heath Pierce/Kawika Thompson/Dan Gish

9:30 - 10:30 am Session 5

Critical Thinking to Foster Learning Carol Ciotto & Ellen Benham A Comprehensive School Physical Activity Program: From the Ground UP! Christi Meyer Digital Wellness Dr. David Bickham Cool Small-Sided Games for All K-12 Students Jerry Honeycutt Finding Their Swish! Re-Imagining High School Physical Education Judy LoBianco The Building Blocks of Writing a Youth Strength & Conditioning Program Lyndie Kelley Rose Angell Universal Design for Learning Evan Norwood Pickleball the OPEN Way

10:30 - 11:05 am VISIT WITH THE EXHIBITORS (State of Maine Hall)

11:10 - 11:30 am GENERAL SESSION

11:30 – 12:30 pm KEYNOTE PRESENTATION (Knox County Ballroom)

12:30 - 1:10 pm Luncheon Buffett

12:30 - 1:10 pm FREE STUDENT TACO LUNCH sponsored by MAHPERD & MEA (La Bella Vita Restaurant)

1:15 - 2:15 pm Session 6

"Great Balls of Fire": Bounce into Fitness K-12 (Part I)

Exploring the NHES Skills from an Equity & Justice Lens

E-Bikes - You Know You Want to Try One

PE With Palos - Games, Games, Games

Soccer for Success in Elementary School

Disc Golf Tourney

APE Sharing

Introduction to Maine AHPERD: What can Maine AHPERD Do For You?

Maria Corte

Sarah Benes

Tim Farrar

Tim Taggart

Lisa Perry

Adam Boyington

Becki Belmore/MeAPETF

Kayla McGee & Jamie Dillon

Introduction to Maine AHPERD: What can Maine AHPERD Do For You? The Positive Ripple Effect of Restorative School Policies

Lee Anne Dodge/Kara Tierney/Jason Jackson/Caleb Gray

2022 Conference at a Glance

Monday, November 7, 2022 (Continued)

2:30 - 3:30 pm Session 7

Interviewing With Confidence
"Great Balls of Fire": Bounce into Fitness K-12 (Part II)

Maria Corte

Great Balls of Fire": Bounce into Fitness K-12 (Part
 Sex Ed "Shark Tank"

Maddy Magnuson & Vicki Preston

• You Won't Believe It's Dance (repeat session from 8:15 am today)

Bob Oates Carol Ciotto

Judy LoBianco

Sport In Motion
Integrating PLT4M throughout Secondary Physical Education - In Pursuit of Better!

Christi Meyer

• Heart Zones - Using Heart Rate Sensors and Step Trackers aka Smart PE:

• Assessments, Objective Grading, and Individualizing Physical Education

Joe Gooden

• Using the Latest Maine Youth Integrated Health Survey Results, 2021 in Your Youth Work

Sally Manninen

3:45 - 4:45 pm Session 8

Warm-Up & Ice Breaker Activities 101 Soccer for Success for Middle School Students The Parallel Pandemic: Examining Student Self-Esteem Frazzleerham-A New Game Your Students Will Love Promoting Inclusion Through Kin-Ball From Prevention to Positive: Reframing Sex Education Unified Sports, & Unified Physical Education Adam Herbst
Lisa Perry
Judy LoBianco
Lee Behrendt & Carolyn Gross
Paolo Zambito
Lynette Johnson & Vicki Preston
Ian Frank

5:00 – 7:00 **Dinner on Your Own**

7:00 - 10:00 pm MAHPERD PEP RALLY!!!!!

Beverage sponsor for the pep rally is DOWNEAST PRIVATE WEALTH

Outstanding Professional Development

Check out the sessions and share with your administrator. This is your opportunity to learn effective and up-to-date practices in health education and physical education related to curriculum, instruction, and assessment. The conference offers sessions for delivering and effectively assessing health education and physical education including helpful and practical uses of technology; interactive, skill-based teaching strategies; and standards-based rubrics and assessments. This conference is a prime opportunity to network with colleagues from around the State, sharing ideas and strategies to improve your classroom.

TUESDAY MORNING SCHEDULE

- (3) 50 minute sessions starting at 8:00 am
- 11:00 11:45 am Endnote Speaker (to be announced)
- ♦ 11:45 12:30 pm MAHPERD Business meeting Great giveaways at the end of the business meeting! Must be present to win.

SOME OF OUR GIVEAWAYS ARE:

- 2 MAHPERD conference registrations for 2023
- Sports equipment
- Weekend getaway for two at the Samoset
- And more surprises

2022 Conference at a Glance

Tuesday, November 8, 2022

8:00 - 8:50 am Session 9

ACTION! Team Games with MVPA Assessment 2021 Maine Learning Results: Physical Education Check In's & Activities for Health Education A Rainbow of Opportunities

Work it Forward: Fitness on the Move K-12
Supporting Safety and Wellbeing in Young People

Adam Herbst
Jean Zimmerman
Kayla McGee
Liz Giles-Brown
Maria Corte
Kristel Thyrring & Libby Wright

9:00 - 9:50 am Session 10

How You Can Support ALL of Your Students to Feel Included in your Class
Becoming a Mentor for a Student Teacher
Spotting Sex Trafficking & Stalking
Literacy and Movement

Amelia Lyons
Jesse Kaye-Schiess
Kathleen Paradis
Marilena Canuto & Kristan Tiede

10:00 - 10:50 pm Session 11

MVPA at Its Best 3 - High Energy PE & After School Activities Promoting Inclusion Through Kin-Ball & Omnikin Games What's New from the Maine DOE (including MLRs) C.H.E.A.T. - Connections for Health Education And Teaching It's Not Cheating, It's Networking!

Dana Welch Paolo Zambito Susan Berry & Jean Zimmerman

PLAY ME (Physical Literacy for All Youth in Maine) Update

Michele LaBotz, Sarah Hoffman/Marin Johnson

11:00 – 11:45 Endnote - TBA

11:50 – 12:30 MAHPERD Business Meeting

Karyn Bussell

Please Join Us For The MAHPERD Teacher of the Year and Honor Awards

Sunday, November 7, 2022

Dinner at 6:30 pm

Award presentations at 7:30 pm

We will be recognizing our 2020 & 2021 Outstanding Future Professionals

2020 Outstanding Future Professionals

Helen Harrod Clark University of New England

Paul Gugliette University of New England

> Mattingly Simaan St. Joseph's College

Luke Johnson St. Joseph's College

Walker Thomas University of Maine Orono

Johanna Burgason University of Maine Orono

Hannah Rossignol University of Maine Presque Isle

2021 Outstanding Future Professionals

Matthew Farnham University of Maine Orono

Sierra McLellan University of Maine Ornono

> **Maddison Cormier** St. Joseph's College

Curtis Shepard University of New England

Jonah Hudson University of Maine Presque Isle

Savannah Rodriguez University of Maine Presque Isle

Honoring our 2020 Teachers of the Year!



Marilena Canuto
Elementary Physical Education Teacher
of the Year
Berwick Academy



Dustin ChasseMiddle School Physical Education
Teacher of the Year
Auburn Middle School



Kelly KoziolK-8 Health Teacher of the Year
Fort Fairfield Middle/High School



Julie PetrieHigh School Health Education
Teacher of the Year
MT. Ararat High School



Scott Underhill
High School Physical Education
Teacher of the Year
Telstar Regional High School

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Honoring our 2021 Teachers of the Year!



Merita McKenzie
Lyseth Elementary School
Elementary Physical
Education Teacher of the Year



Becki Belmore

Distinguished Leadership Award MSAD 51-Greely Middle School 4-5 Physical Education TeacherK-12 Adapted Physical Education Specialist



Kayla McGee

Oxford Hills Comprehensive High School High School Health Education Teacher of the Year



Stacey Turkington

RSU#14 Windham/Raymond Schools Dr. Richard H. Bartlett Award Adapted Physical Education Teacher of the Year



Heather Geoghan Greely High School Physical Education Teacher of the Year



Community Award

Conference Sponsors as of August 1, 2022



Sponsor of Monday taco lunch for students



PLT4M is sponsoring Christi Meyer, Physical Education teacher from Lewiston HS in Idaho.

Integrating PLT4M throughout Secondary Physical Education - In Pursuit of Better! Monday 2:30 - 3:30 pm



Bangor Savings Bank

You matter more.

Partial Monday lunch sponsor

Maine Center for Disease Control & Prevention

An Office of the Maine Department of Health and Human Services

Pep Rally
Beverage Sponsor





Kathy Sutton

Thank you so much for your years of service to Maine AHPERD. We hope that you enjoy your retirement!

You have been recognized by your peers as a Health Teacher of the Year as well as received the Worthy of Praise and the Distinguished Leadership awards!

You have volunteered on the MAHPERD board since 2007 as:

Health Rep
Awards Co-Chair
Eblast Editor
President Elect
President
Treasurer since 2014





Paula Hodgdon

Thank you so much for your years of service to Maine AHPERD. You were recognized by your peers in 2015 receiving the Highest Praise Award and are now a life time member of MAHPERD. We appreciate the time that you spent volunteering on the MAHPERD board as:

President

Newsletter Editor

Honor Awards Chair

Archivist (since 1970)

Paula did a fabulous job archiving the history of Maine AHPERD. The first volume of MAHPERD's history, 1945 - 2000, was written and made available to the membership in 2001. The second part of MAHPERD's history from 2000 - 2015 is available on the MAHPERD website.



SAVE THE DATE

2023 MAHPERD CONFERENCE NOVEMBER 5-7, 2023





Exhibitors & Sponsors as of August 15, 2022

Outdoors Tomorrow Foundation

Maine Department of Education

Palos Sports

Maine Dairy and Nutrition

Teens to Trails

U.S. Soccer Foundation

Maine CDC

Maine Education Association

We are looking for non-profits and commercial business to join us for conference. The exhibitor brochure & registration link can be found on the MAHPERD website.