



Engage • Educate • Inspire



# Annual Conference

November 1, 2, 9, & 16

## Reflecting Back Looking Forward



### Keynote Speaker **Jamie Sparks**

Sunday, November 1  
6:00 pm

***Redefining Our Community  
with Health Equity***



### Endnote Speaker **Pender Makin**

Maine Department of  
Education Commissioner

Monday, November 16  
6:00 pm

***Reflecting Back,  
Looking Forward***

# Maine AHPERD 2019 - 2020 Executive Board

President - **Dana Welch**

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V.P. Recreation - **Leslie Winchester**

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V.P. Elect Recreation - **Tim Baude**

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V.P. Dance - **Katie Brooks**

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Executive Director - **Deb Smith**

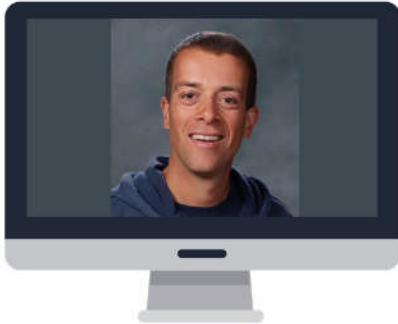
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Exhibits Coordinator/OFP's - **Andy Gray**

[andrewmahperd@gmail.com](mailto:andrewmahperd@gmail.com)



Thank you for taking part in the 75th Annual Maine AHPERD Conference. This year's conference isn't taking place in the format that we have grown accustomed to. Despite this, the MAHPERD board with the oversight of our Executive Director Deb Smith, has put together some incredibly relevant offerings to help educators navigate the current educational climate. Virtual sessions revolving around technology, social and emotional learning and remote learning are among our sessions this year.

We are very excited to welcome our keynote speaker Jamie Sparks, who hails from Kentucky. Jamie is the Immediate Past President of SHAPE America. Jamie has a wide range of experiences in the field of health and physical education. Most notably, he worked for the Kentucky Department of Education as the Coordinated School Health Director. Pender Makin, Commissioner of Education for the Maine Department of Education will be joining us as an endnote speaker. We hope you enjoy our conference this year and continue to join us annually.

Dana Welch  
Maine AHPERD President



## **Welcome to the 2020 MAHPERD Virtual Conference.**

I'd like to personally welcome each of you to the 2020 MAHPERD virtual conference, as we continue to grow and adapt, remaining always motivated and responsive. MAHPERD is confronting a time of many changes and we are meeting these changes during a time of larger nation-wide and global change. The world of *Health Education, Physical Education, Recreation and Dance* is an exciting area in which to work and we will continue to meet and bring inspired people together in forums like this, to ensure that MAHPERD remains at the cutting edge.

I'd like to thank each of you for your dedicated work to health education, physical education, recreation and dance, especially since March of 2020. You have the vision, the knowledge, the wherewithal and experience to help us pave our way into the future. Throughout this virtual conference I ask you to stay engaged, keep us proactive and help us shape the future of MAHPERD. My personal respect and thanks goes out to all of you.

Deb Smith  
Executive Director



## **CONFERENCE REGISTRATION OPENS**

**SEPTEMBER 4, 2020**

**TAKE ADVANTAGE OF THE \$75 REGISTRATION FEE FOR 2020**

**\*this includes your \$35 MAHPERD membership fee for 2021**

**Attend as many or as few of the sessions for this one low price!**

Registration is electronic and available on the MAHPERD website.

**Cash, checks and credit cards are accepted.**

**Purchase orders are not accepted.**

- 1. Indicate on the registration form which sessions you plan to attend**
- 2. Pay with a credit card OR download an invoice**
- 3. Use the invoice to get payment from your school/organization**

**MAHPERD must receive your registration payment prior to  
November 1, 2020 in order for you to receive the ZOOM links!**

**ZOOM LINKS will be emailed to all paid registrants on**

**Saturday, October 31, 2020**

**CONTACT HOURS, CEU's AND CERTIFICATES  
of attendance will be available.**

**Details will be provided prior to conference.**

## **PRE-CONFERENCE PLYOGA CERTIFICATION LIVE ON LINE**



**SUNDAY, NOVEMBER 1, 2020**

**8:00 am - 2:00 pm**

**\*ONLY \$59 PER PERSON** (normally \$199)\* **AND PLYOGA will donate \$10 back to MAHPERD per registration!**

PLYOGA® is a 4-part high intensity interval training system using accelerated and fundamental Yoga as a fluent and active recovery for Plyometric movements. PLYOGA® uniquely focuses on utilizing all exercise planes evenly. PLYOGA® is an equipment free format that caters to every participant through balance, agility, power and endurance work. It allows each person to shine in their comfort zone while pushing them to excel where challenges present themselves.

**\*CONTINUING EDUCATION UNITS - CLASS & 20-DAY UNIT PLANNING**

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**\*AN INTRICATE UNDERSTANDING OF FITNESS RESOURCEFULNESS**

**\*5 STEPS TO IMPLEMENTING A MOVEMENT CULTURE**

**\*VALUABLE RESOURCES FOR PE FOR BOTH IN PERSON & DISTANCE LEARNING**

*Here's what participants who just completed this on-line certification are saying:*

"I took this certification class today. These 6 hours went faster than most one hour classes/webinars. I **HIGHLY RECOMMEND** for hours, ideas, workout(s), AND certification as a Plyoga instructor. If we continue online classes, I feel a lot more confident about creating a workout for my students."

"I highly recommend this class! The day went by fast...great balance of lecture and movement!"

**REGISTRATION IS AVAILABLE ON THE MAHPERD WEB SITE.**

**[This is a separate fee from your conference registration fee.](#)**





*Maine Association for Health, Physical Education, Recreation, and Dance  
75th Annual Conference November 2020*

**SUNDAY, NOVEMBER 1, 2020**

## **HEALTH PRE-CONFERENCE**

### **Using A Progression Of Skill Model To Ensure Skills-Based Health Education Instruction**

Skills-based Health Education is currently a buzz term in conversations, blogs and on social media. What does it really mean to be skills-based? How can we push our way of thinking to be more skills-based?

Come to this session to learn more about an approach to health education using lessons and units with assessments that are truly skills-based. Participants will be able to engage with the lessons, participate in activities and see examples of student work. Units are based on one of the seven national skill standards which align to the Maine Learning Results with content woven in as context. Participate in activities that will help you begin to develop a skills-based health education unit. Example scope and sequences will also be shared. All resources shared during the session are accessible to the public.

**Presenter: Jessica Lawrence, Director of Cairn Guidance**

Time: 2:00 - 3:45 pm

Discipline: PK-12 Health

## **PHYSICAL EDUCATION PRE-CONFERENCE**

### **Teaching Physical Education in 2020 And Beyond!**

The pandemic has changed and will continue to impact the landscape of physical education for years to come. This session will focus on the resources available on OPEN to help educators navigate our new reality. Participants will learn strategies to keep students safe and maximize MVPA. We will highlight tools and strategies available to support social and emotional concepts, as well as OPEN's Priority Learning Outcomes for Physical Education.

**Presenter: Nick Kline, NBCT, Be the HYPE Consultant, and OPEN National Trainer**

Time: 2:00 - 3:30 pm

Discipline: K-12 PE



*Maine Association for Health, Physical Education, Recreation, and Dance  
75th Annual Conference November 2020*




**Sunday, November 1, 2020  
KICK OFF THE 75TH CONFERENCE  
WITH A VIRTUAL SOCIAL**

**Time: 5:00 - 5:45 pm**

**Bring your favorite beverage, log into ZOOM and check in with your  
college buddies, professors, and colleagues before the  
conference begins!**

**UMPI ST. JOSEPH'S UMF UMAINE  
MAHPERD HUSSON**



*Maine Association for Health, Physical Education, Recreation, and Dance  
75th Annual Conference      November 2020*

**SUNDAY, NOVEMBER 1, 2020**

**KEYNOTE PRESENTATION**

**Time: 6:00 - 6:50 pm EST**

**Presenter: Jamie Sparks**

**R.O.C. - Redefining Our Community  
With Health Equity**



COVID19 has changed the world in so many ways, and the impact on education certainly will redefine educational priorities for years to come. SHAPE America Past-President Jamie Sparks will offer an in-depth perspective into ETR's Health Equity Framework specifically through the lens of systems of power, relationships, and networking. Jamie will explain the importance of health and physical educators embracing the Whole School, Whole Community, Whole Child approach as a way to truly redefine the path for the profession moving forward beyond 2020. A whole child focus to educational priorities offers tremendous opportunities for more wholistic school accountability measures in the future: healthy, safe, challenged, supported and engaged.

*Special thank you to:*



*for Sponsoring Jamie Sparks at our 2020 conference!*



## ***2020 MAHPERD Award Winners***

**Join Us On Sunday, November 1 at 7:00 pm To Honor  
The 2020 MAHPERD Award Winners**

**Elementary  
Physical Education TOY**

**Middle School  
Physical Education TOY**

**Secondary  
Physical Education TOY**

**Middle School  
Health Education TOY**

**Secondary  
Health Education TOY**



**2020 Honor Award**

**2020 Lay Person Award**

**2020 Outstanding Future Professionals**





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## Teachers of the Year

In honor of award recipients,  
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- \$200 GIFT CERTIFICATES
- RECOGNITION BANNERS
- TOY TRAINING WEBINAR



Dajuan Jingles  
US Games Territory Manager  
972-406-7114 | [djingles@bsnsports.com](mailto:djingles@bsnsports.com)

## **MONDAY, NOVEMBER 2, 2020**

### **Session 1 - Making Moving Connections Across Disciplines**

As a physical educator, you have probably made strong connections and friendships with classroom teachers. These connections lead to the sharing of ideas for integrating meaningful connections across disciplines to enhance learning. This session will help you further those connections. Together we will explore portions of ***From Fire to Inspire***, a program I created using the teaching and learning of a physical skill to build a framework of images that weave a thread that anchors, connects, and transfers to all learning. Children learn how their brain learns as they learn. Physical educators can then use the framework in physical education and help classroom teachers add a new dimension to classroom movement activities that engage learners and enhance learning.

**Presenter: Liz Giles-Brown**

Time: 6:00 - 6:50 pm EST

Discipline: Elem PE

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### **Session 2 - What To Expect As A New Professional**

New to the teaching professions of physical education and/or health education? Want to know what the rest of the story' is regarding your first three years of teaching? Join us in a Q+A /discussion on what challenges, excitement and real life 'happenings' occur as a 'newbie!'

**Presenters: Kayla McGee, Lewiston HS Health Education Teacher & Lynn D'Agostino, Brunswick Elementary Physical Education Teacher**

Time: 6:00 - 6:50 pm EST

Discipline: Students & New Teachers (3 years or less)

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### **Session 3 - Shifting To Distance Learning: Ideas and Sharing**

Join this session to learn ideas that teachers can use for distance learning. These strategies will be great for when you are out of the classroom and need sub plans, online snow days, or extended periods of time when you may need to teach from home. Erin will share some of her ideas, strategies, and tools and then open it up to a group sharing session.

**Presenter: Erin Bjorkdahl, HS Health Education Teacher, BEHS**

Time: 6:00 - 6:50 pm EST

Discipline: All HE/All PE

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### **Session 4 - Outdoor Teaching/Learning Spaces**

Help your school manage outdoor spaces. How to complete an inventory and advocate for improvements, enhancement or additional spaces.

**Presenter: Todd Papianou, Mountain Valley HS, Rumford**

Time: 6:00 - 6:50 pm EST

Discipline: Rec/All PE

## **MONDAY, NOVEMBER 2, 2020**

### **Session 5 - Creating An Interactive Virtual Gym for K-12 PE Students And Teachers**

A virtual gym is a great way to provide an online learning environment that allows for live interaction between the teacher and students as they are participating in learning and physical activities. This session will not only teach you how to create your very own customized virtual gym, but will walk you through how to create your own avatar! In addition, you will learn how to create links to objects in your gym to provide a wide variety of fun physical activities and concepts for your students to explore and move to! This is a great tool to use while teaching remotely.

**Presenter: Maria Corte, PE Teacher at Mesa HS, Mesa Arizona**

Time: 7:00 - 7:50 pm EST

Discipline: K-12 PE

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### **Session 6 - Skills-Based Health Education: Another Buzz Word Or Real Transformation**

Health education is distinct from other subject areas that students study at school. COVID19 is bringing to light the effects of the reality of the lack of health literacy in our society. Perhaps the most immediate difference is that health is not just about information you memorize from a textbook. It's something students, staff, and families are literally living and breathing every day. It's not enough to simply teach students information about health. As health educators, we must help them master key concepts and skills that promote health literacy and lifelong health. This is the foundation of why HealthSmart was developed and remains a nationwide favorite by teachers for implementing a skills based approach to health education.

**Presenter: Jamie Sparks, School Health Program Manager**

Time: 7:00 - 7:50 pm EST

Discipline: K-12 Health

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### **Session 7 - Breakin' It Down...Dance Routines**

In this workshop, Chris will help you find the rhythm you swear you never had, by introducing his technique in breaking down songs and creating movement patterns that will translate into a fully choreographed routine. This is a great activity that allows for no equipment and safe collaboration in groups of students at the higher levels.

Chris brings his extensive background and knowledge of music, drumming, and fitness to his own style of fitness drumming he's developed called Fit To Drum. He has had success teaching students K-12 and adults choreographed routines within a single class period by breaking down the "movement patterns", but more importantly, the song.

**Presenter: Chris Rowley, Pleasant Hill Elem. School Scarborough**

Time: 7:00 - 7:50 pm EST

Discipline: Rec/Dance/All PE

## **MONDAY, NOVEMBER 2, 2020**

### **Session 8 - Distance And In-school Learning For Students With Disabilities: Planning, Creating, Asynchronous Learning For Pre-K-12**

In this session Rose will discuss strategies for designing, creating, and implementing, asynchronous and synchronous physical education curriculum, in the on-line or hybrid teaching and learning environment for students with disabilities. Rose will share the work she has created for students in K-2, 3-5, 6-8, and high school.

**Presenter: Rose Marie Angell, Ph.d. APE Teacher - (MSAD 75) And Adapted PE Task Force Chair**

Time: 7:00 - 7:50 pm EST

Discipline: K-12 PE/APE



The SHAPE America National Convention & Expo is the only event of its kind! Choose from over 400 sessions featuring world-renowned speakers, honorees, athletes, and researchers. Visit the trade show highlighting over 200 products and service providers. Unite with friends and colleagues, and forge new relationships with professionals from across the country.

**SAVE THE DATES!**

**76th MAHPERD Annual Conference**

**November 7-9, 2021**

**Samoset Resort, Rockport**

## **MONDAY, NOVEMBER 9, 2020**

### **Session 9 - Writing Skills-Based Assessments In Health Education**

Jessica will share a newly drafted, no cost health education performance assessment toolkit developed by Cairn Guidance. It includes a step by step process for writing effective, skills-based, relevant, engaging and fun health education assessments for K-12 students. Participants will engage with the toolkit, have an opportunity to begin developing an assessment and leave the session with resources to help them continue this work with their local curriculum!

**Presenter: Jessica Lawrence, Director of Cairn Guidance**

Time: 6:00 - 6:50 pm EST

Discipline: MS/HS Health

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### **Session 10 - Children With Intellectual & Developmental Disabilities, And Project: Let's Go!**

In this session increase your understanding of the challenges to physical activity faced by children with developmental disabilities and discover new strategies, tools and resources to promote the inclusion of students of all abilities at school. We'll also share strategies and resources to help reinforce physical education and activity when students are learning remotely.

**Presenters: Rose Marie Angell, Ph.d, (SAD 75) & Diane Boas Project Manager Let's Go**

Time: 6:00 - 6:50 pm EST

Discipline: APE/All PE

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### **Session 11 - PE With Palos Virtual Classroom**

This presentation focuses on individual physical education in the schools as well as family PE at home. Tim will cover modified and new games using standard equipment as well as discuss how to use common items found at home for physical education. This year we need to get away from high activity group games and focus on individual skills, SEL, and family PE at home. Tim will also show participants how to create their own Virtual Classroom .

**Presenter: Tim Taggart, Palos Sports**

Time: 6:00 - 6:50 pm EST

Discipline: K-8 PE



## **MONDAY, NOVEMBER 9, 2020**

### **Session 12 - Leveraging Technology in HPE**

Join us to explore how technology can be leveraged to improve student learning. All participants will gain access to a myriad of free resources created by generous Health and PE professionals from around the globe.

**Presenters: Mark and Becky Foellmer, Becky and Mark Are The Co-creators of the Website [cbhpe.org](http://cbhpe.org), A Gathering of Free Resources for HPE Teachers."**

Time: 6:00 - 6:50 pm EST

Discipline: All HE/PE

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### **Session 13 - CATCH My Breath – Evidence-Based Vaping Prevention Program for In-School or Distance Learning**

CATCH My Breath (CMB) is the first “evidence-based” vaping prevention program. It is based on a Social Cognitive Theory model of prevention and aligns with the National Health Education Standards. Participants will learn about this grade 5 - HS curriculum program and how a variety of educational strategies and activities increase students’ knowledge and motivations to abstain from e-cigarettes and build skills for resisting peer and media influences. Learn how schools are addressing its need for e-cigarette prevention by using the CMB program in a distance learning environment.

**Presenter: Marcella Bianco, CATCH My Breath Program Director**

Time: 7:00 - 7:50 pm EST

Discipline: MS/HS Health

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### **Session 14 - Leveraging Social Media For Athlete Education & Development**

Learn how to leverage social media to your coaching advantage during the COVID-19 pandemic! This session is tailored to utilizing Instagram as an athlete development resource in the absence of face to face interaction with our athletes. The creation of a social media plan devised to increase strength, conditioning, and nutritional habits of student-athletes will be discussed and provided.

**Presenter: Lyndie Kelly, Coordinator Of Strength & Conditioning At UNE**

Time: 7:00 - 7:50 pm EST

Discipline: Coaches/HS/MS PE

## **MONDAY, NOVEMBER 9, 2020**

### **Session 15 - Apps for Teaching Remotely**

Feeling overwhelmed with teaching remotely? Learn how to successfully navigate and utilize Google Apps for both instruction and homework! Apps covered include Google Sites, Google Slides, Zoom, Slido, and more! Teachers will leave with a tool kit to prepare their own lessons and assignments in these apps.

**Presenter:** Emma Campbell, Dance Teacher Thornton Academy

**Time:** 7:00 - 7:50 pm EST

**Discipline:** All

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### **Session 16 - How Social Emotional Learning And Health Education Work in Tandem For Students And Adults**

Health educators will have an opportunity to explore the critical connections between health education and Social Emotional Learning (SEL). Participants will explore the intentional teaching of the 5 core SEL competencies (from the CASEL framework) within the health education setting. The goal of all education is to invest in our youth's emotional and academic outcomes and grow "Good Human Beings" Join Kellie and discover how growing your own EQ is the first step in SEL and Health Education alignment. Kellie is a certified mindfulness educator so come prepared to learn through experience a strategy or two to reduce stress for you and your students during this unprecedented school year.

**Presenter:** Kellie Bailey, MA CCC-SLP, MMt/SELI  
**Social Emotional Learning Specialist at Maine DOE**

**Time:** 7:00 - 7:50 pm EST

**Discipline:** Pre K - HS Health

### **WE HONOR OUR MAHPERD PAST PRESIDENTS AND THANK THEM FOR THEIR LEADERSHIP**

**We had extended an invitation to these living Past Presidents to join us to celebrate 75 years of MAHPERD!**

**Paula Drake Hodgdon, Fred Douglas, Shirley Jones, Diann Perkins, Verge Forbes, Paul Leplay, Lorraine Jordan, Pat Smith, Robert Cobb, Claire Drew, Royal Goheen, Rhonda Clements, Ronald Thompson, David Birch, Stephen Butterfield, Peter LeVasseur, Nancy Kelley-Cram, Peter Harrison, Katherine Wilbur, Jack Sheltmire, Colleen Rioux, Doug Self, Lee Gilman Scott, Deyanne Worcester, Darla Castelli, Barbara Hanscom, Margaret Gould Wescott, Nellie Orr, Jon Cahill, Rose Angell, Mark Savage, Kristin Grant, Marge Queen, Christine Standefer, Jayne Chase, Kathy Sutton, Elaine Michaud, Sara Thurston, Andy Gray, Kristen Tyler, Maria Newcomb, Susan Berry**

*Maine Association for Health, Physical Education, Recreation, and Dance  
75th Annual Conference November 2020*

**MONDAY, NOVEMBER 16, 2020**

**5:30 - 5:50 pm**

Log in and join the 20 minute MAHPERD social. Bring your beverage of choice. We will have a variety of items to give away. All prizes will be distributed to winners.



**MONDAY, NOVEMBER 16, 2020**

**ENDNOTE PRESENTATION**

**TIME: 6:00 - 6:30 pm EST**

**Pender Makin, Commissioner Maine DOE**

**REFLECTING BACK, LOOKING FORWARD**

**MONDAY, NOVEMBER 16, 2020**

**TIME: 6:35 - 7:15 pm**

**MAHPERD BUSINESS MEETING, ELECTIONS,  
& GIVE-A-WAYS!**

# ***MAHPERD Past Honor Award Recipients***

## ***Layperson's Award***

1986 Edward Miller, N. Warren Bartlett, Deborah Deatrick, YMCA Sanford/Springvale  
 1987 Richard Bartlett, MDOE; Bill Green, WCSH; Boothbay Region YMCA  
 1987 Wayne Barclay, AHA  
 1988 Bingham Program, Met. Life Ins. Co.  
 1989 Cathy Bradeen Knox  
 1990 Dr. Lani Graham, ME DHS, Paulette Leblanc, Family Planning Assn of America  
 1992 Dr. Zsolt Koppanvi, MCH  
 1993 Marge Medd  
 1994 Michael Fiori, Downeast Pharmacy, Inc.  
 1995 DeEtte Hall, ME DHS; Barbara Gordon, Mid Coast Hospital of Bath  
 1998 J. Duke Albanese, Commissioner of Ed.  
 1999 Robert Cobb, University of Maine  
 2000 Dora Anne Mills, ME DHS  
 2001 Bill Primmerman, MDOE  
 2003 Elanna Farnum  
 2004 David Stockford, MDOE  
 2005 Dennise Whitley, AHA; Karen O'Rourke, ME. Ctr. Public Health  
 2006 Karen Baldacci, Maine First Lady  
 2007 Becky Smith, Maine Coalition  
 2008 Representative Lisa Miller  
 2010 Heath Pierce, UNE  
 2012 Catherine Hoffmann, ME Dairy Council  
 2013 Gary Urey, AHA  
 2018 Kristie LeBlanc, Somerset Public Health

## ***Worthy of Praise***

1986 Marie Borgese, Stephen Merrill, Dianne Folsom, David Littlefield  
 1987 Robert McCormick, David Birch, Christine Bearce, Hal Jordan, Jocelyn Dill, Kathy Wilbur  
 1988 Tom Coyne, Hebert Watson  
 1989 Charles Andreades, Shelly Drillen, Jill Jones, Harry Read, Dianne Rossi, Lucy Stroble, Laura Zittel  
 1990 Walter Abbott, Glenn Reif, Colleen Rioux, Mary Ellen Schaper  
 1992 Cindy Flye  
 1995 Donald Simms  
 1998 Tina Aldrich, Deyanne Worcester, Linda Hanson

## ***Worthy of Praise (continued)***

1999 Katharyn Zwicker, Gary Spinney, Lynne Haynes, Dodi Saucier  
 2000 Barbara Godfrey  
 2002 Christine Standefer, Bruce Jones  
 2003 Barbara Hanscom  
 2006 Michele Danois, Stephanie Swan  
 2007 Sue Nile, Carolyn Gross  
 2008 Deb Smith  
 2009 Kathy Sutton  
 2011 Gary Spinney  
 2012 Jayne Chase, Susan Berry, Sue Kelly  
 2016 Elaine Michaud, Liz Giles-Brown

## ***Distinguished Leadership***

1980 Patricia Gallagher, Loris Booker, Mattie Gagnon  
 1981 Ian MacKinnon, Robert Crumier, Molly Call  
 1982 James Sullivan, Marilyn Layman, Wally LaFountain, Lucy Lindsey, Florren Harlow  
 1984 Ron Thompson, Raymond Miclon, Bill McManus, Joni Averill  
 1986 Margaret Wescott  
 1987 Peter Doran  
 1989 Stephen Butterfield, Peter LeVasseur  
 1990 Christine Bearce  
 1998 Katherine Wilbur, Dianne Rossi  
 1999 Jocelyn Dill  
 2000 James Rog  
 2004 Liz Giles-Brown  
 2009 Marge Queen  
 2011 Glenn Reif  
 2013 Stephanie Swan  
 2014 Christine Standefer  
 2015 Kathy Sutton  
 2018 Barbara Godfrey

## ***Highest Praise***

1982 Diann Perkins  
 1988 Claire Drew, Royal Goheen  
 1998 Lee Gilman Scott  
 1999 Caroline Gentile, Walter Abbott  
 2000 Joseph Pechinski, Paula Hodgdon  
 2008 Stephen Butterfield, Katherine Wilbur  
 2011 Jo Dill  
 2012 Christine Bearce  
 2014 Marge Queen  
 2015 Paula Hodgdon

# ***MAHPERD Presidents 1945 - 2020***

1945-46 George Albert\*  
1946-47 Wallace Donovan\*  
1947-48 Fred Higgins\*  
1948-49 Henry LaValle\*  
1949-50 Amy Thompson\*  
1950-51 James Grooms\*  
1951-52 Doris Fritz\*  
1952-53 Frank Downey\*  
1953-54 Laura Hoyt\*  
1954-55 Donald Beals\*  
1955-56 Caroline Gentile\*  
1956-57 Caroline Gentile\*  
1957-58 Dana Dogherty\*  
1958-59 Rose Lambertson\*  
1959-60 Richmond Roderick\*  
1960-61 Richmond Roderick\*  
1961-62 M. Ellen Cassidy\*  
1962-63 Richard Costello\*  
1963-64 Paula Drake Hodgdon  
1964-65 Fred Douglas  
1965-66 Shirley Jones  
1966-67 Harold Woodbury\*  
1967-68 Diann Perkins  
1968-69 Verge Forbes  
1969-70 Marjorie Bither\*  
1970-71 Norman Perkins\*  
1971-72 Paul Leplay  
1972-73 Betty Solorzano\*  
1973-74 Charles Merrill\*  
1974-75 Lorraine Jordan  
1975-76 Al Card\*  
1976-77 Pat Smith  
1977-78 Robert Cobb  
1978-79 Claire Drew  
1979-80 Royal Goheen  
1980-81 Royal Goheen

1981-82 Rhonda Clements  
1982-83 Ronald Thompson  
1983-84 Ronald Thompson  
1984-85 Ronald Thompson  
1985-86 David Birch  
1986-87 Stephen Butterfield  
1987-88 Peter LeVasseur  
1988-89 Nancy Kelley-Cram  
1989-90 Peter Harrison  
1990-91 Katherine Wilbur  
1991-92 Jack Sheltnire  
1992-93 Colleen Rioux  
1993-94 Doug Self  
1994-95 Lee Gilman Scott  
1995-96 Deyanne Worcester  
1996-97 Royal Goheen  
1997-98 Darla Castelli  
1998-99 Barbara Hanscom  
1999-00 Margaret Gould Wescott  
2000-01 Nellie Orr  
2001-02 Jon Cahill  
2002-03 Jon Cahill  
2003-04 Rose Angell  
2004-05 Mark Savage  
2005-06 Kristin Grant  
2006-07 Marge Queen  
2007-08 Marge Queen  
2008-09 Christine Standefer  
2009-10 Christine Standefer  
2010-11 Jayne Chase  
2011-12 Marge Queen  
2012-13 Kathy Sutton  
2013-14 Elaine Michaud  
2014-15 Sara Thurston  
2015-16 Andy Gray  
2016-17 Kristen Tyler  
2017-18 Maria Newcomb  
2018-19 Susan Berry

\*deceased

# *Teacher of the Year Award Winners!*

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| <p>1987 Elementary Phys Ed - Gary Spinney<br/>Secondary Phys Ed - Dianne Folsom<br/>Health Education - Stephen Merrill</p> <p>1988 Elementary Phys Ed - Nancy Kelly Cram<br/>Health Education - Cindy Flye</p> <p>1989 Elementary Phys Ed - Jocelyn Dill</p> <p>1990 Elementary Phys Ed - Barbara Kelly</p> <p>1991 Elementary Phys Ed - Christine Bearce<br/>Middle School Phys Ed - Robert Dyer<br/>Secondary Phys Ed - Robert Brainard</p> <p>1992 Elementary Phys Ed - Michael Smart<br/>Middle School Phys Ed - William Carr<br/>Secondary Phys Ed - Donna Jordan</p> <p>1993 Elementary Phys Ed - Linda Hansen<br/>Middle School Phys Ed - Susan Lougee<br/>Health Education - Kathleen Sutton<br/>Dr. Richard Bartlett APE Award - Bob Dyer</p> <p>1994 Elementary Phys Ed - Becky Varnum<br/>Middle School Phys Ed - Jana Raspante<br/>Secondary Phys Ed - Lynne Haynes<br/>Dr. Richard Bartlett APE Award - Anine Stanford</p> <p>1995 Elementary Phys Ed - Liz Giles Brown<br/>Middle School Phys Ed - Mary Ellen Schaper<br/>Secondary Phys Ed - Darla Castelli<br/>Health Education - Polly Ireland<br/>Dr. Richard Bartlett APE Award - Dave Eldridge</p> <p>1996 Elementary Phys Ed - Jon Cahill<br/>Elem/Middle School Phys Ed - Rose Angell<br/>Secondary Phys Ed - Mark Savage<br/>Health Education - Jeanne Billings<br/>Dr. Richard Bartlett APE Award - Dodi Saucier</p> <p>1997 Elementary Phys Ed - Karen Hunt<br/>Middle School Phys Ed - Phil Conley<br/>Secondary Phys Ed - Carolyn Neighof<br/>Dr. Richard Bartlett APE Award - Jayne Chase</p> <p>1998 Elementary Phys Ed - Dawn Russell<br/>Middle School Phys Ed - Ivan Braun<br/>Jr. High School Phys Ed - Laurie Leavitt<br/>Dance Instructor - Margaret G. Wescott</p> <p>1999 Elementary/Middle Phys. Ed - Connie Wood<br/>Elementary Phys. Ed - Kathy Earle<br/>Dr. Richard Bartlett APE Award - Joan Sawyer</p> <p>2000 Elementary Phys Ed - Kristin Grant<br/>Elementary /Middle Phys Ed - Tim Pearson<br/>Health Education - Stacy Caruso, Dr. Richard Bartlett APE Award - Kristen Grant</p> <p>2001 Elementary Phys Ed - Susan Nile<br/>Middle School Phys Ed - Lisa M. Ronco<br/>Secondary Phys Ed - Jim DiFrederico<br/>Health Education - Kim Bartholomew</p> <p>2002 Elementary Phys Ed - Sharon Beaudoin<br/>Middle School Phys Ed - Barb Hamlin<br/>Secondary Phys Ed - Jason Pangburn<br/>Health Education - Marie Potvin</p> <p>2003 Elementary Phys Ed - David Norwood<br/>Middle School Phys Ed - Laura Gardiner<br/>Secondary Phys Ed - Jeannette Peters<br/>Dr. Richard Bartlett APE Award - Marcia Grant</p> | <p>2004 Elementary Phys Ed - Marge Queen<br/>Middle School Phys Ed - David Wilbur<br/>HS Phys Ed - Jamie Russell<br/>Health Education - Susan Lewis</p> <p>2005 Elementary Phys Ed - Lori Frost<br/>Middle School Phys Ed - Brian Cronin<br/>HS Phys Ed - Shelley Drillen<br/>Health Education - Cindy Porter-McLaughlin<br/>Dr. Richard Bartlett APE Award - Merita McKenzie</p> <p>2006 Elementary Phys Ed - Rose Prest-Morrison<br/>Middle School Phys Ed - Barbara Redding<br/>HS Phys Ed - Karen Reardon<br/>Health Education - Janet Proulx<br/>Dr. Richard Bartlett APE Award - Sue Sorg</p> <p>2007 Elementary Phys Ed - Kathy Calo<br/>Health Education - Brenda Weis<br/>Dr. Richard Bartlett APE Award - Laurie Poison</p> <p>2008 Elementary Phys Ed - Jon Woodcock<br/>HS Phys Ed - Wayne Martin<br/>Health Education - Sara Doucette<br/>Dr. Richard Bartlett APE Award - Tim Pearson</p> <p>2009 Elementary Phys Ed - Darcy Gulvin<br/>Health Education - Linda Cote<br/>Dr. Richard Bartlett APE Award - Mary Ellen Schaper</p> <p>2010 Elementary Phys Ed - Jason Pangburn<br/>Middle School Phys Ed - Elaine Michaud<br/>Health Education - Stephanie Carter</p> <p>2011 Elementary Phys Ed - Eric Pulsifer<br/>Middle School Phys Ed - Joe Cormier</p> <p>2012 Secondary Physical Ed - Tom Hinds<br/>Elementary Physical Ed - Marcia Grant</p> <p>2013 Elementary Phys Ed - Elizabeth Harrington<br/>Secondary Phys Ed - Tracie Martin<br/>Middle School Phys Ed - Nancy Curtis</p> <p>2014 Health - Bryan Dionne<br/>Dr. Richard Bartlett APE - Andrea Lee<br/>Middle School PE - Becky Wetherbee</p> <p>2015 Elementary Phys Ed - Nick Lyons<br/>Middle School Phys Ed - Michele Higgins</p> <p>2016 Middle School Health - Amanda Roy<br/>Elementary PE - Lynn D'Agostino<br/>Middle School PE - Gregory Rose</p> <p>2017 Middle School PE - Barbara Russell<br/>Elementary School PE - Rebbecca Belmore<br/>High School PE - Jack Kaplan<br/>Health Education - Jeni-Lee Cash Jordan<br/>Dr. Richard Bartlett APE - Clairlynn Roundtree</p> <p>2018 High School PE - Dan Gish<br/>Elementary PE - Anne Printup<br/>Dr. Richard H. Bartlett APE - Rebbecca Belmore<br/>Health Education - Denise Allen</p> <p>2019 Elementary School PE - Dana Welch<br/>High School PE - Rick Kramer<br/>Health Education K-8 - Roxanne Mayhew<br/>Health Education HS - Erin Bjorkdahl<br/>Dr. Rickard Bartlett APE - Rose Marie Angell</p> |
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