What if …

What if a message of hope, love, care, and communal support reaches these troubled individuals — such that the idea of even thinking about what it would be like to hurt others that arises from painful feelings and thoughts within them never arose?

What if people never even had the idea or thought come into the mind of suicide or mass shootings?

What if the message of hope, “you are enough,” “you are not alone,” and similar were amplified in such a way that those who could be most vulnerable and susceptible to thoughts of suicide, mass shootings, and similar had their minds changed so that the thought never crossed their mind?

What if …

~ Doug Della Pietra, M. Div, Social Changemaker