

EXECUTIVE BOARD MEETING
May 9, 2019



Engage • Educate • Inspire

Bold: present *Italic: present via Zoom*

Deb Smith

Susan Berry

Dana Welch

Maria Newcomb

Karyn Bussell

Kathy Sutton - Ex

Kayla McGee

Lynn D'Agostino

Kristen Espling

Katie Brooks- Ex

Gabrielle Adam

Leslie Winchester

Nancy Curtis-Ex

Andrea Lee

Liz Hemdal - Ex

Gary Urey-Ex

John McCullagh-Ex

Scott Pelletier-Ex

Kristin Tyler-Ex

Sara Thurston

Daniel Gish

Andy Gray

Mike Bailey

Tim Baude

Gina Finn-Ex

Tim Farrar

Katie Hawke-Ex

Chris Nightingale-Ex

Jean Zimmerman

Jamie Dillon

Joanne DeCampos*

Welcome and Meeting Norms

- A. Arrive & End on Time
- B. Be Respectful
- C. Be Present - Limit use of electronics
- D. Assume Positive Intent
- E. Participate Actively - Zoom Etiquette
- F. Other

Conference Planning

- A. Discipline VPs Report Out on Conference Planning Work - **How many sessions do you have confirmed?** [REP's as of 5.7](#)
REC: Tim B. and Leslie reviewed status
PE: Lynn reviewed status; Lynn proposed inviting MEA Benefit Trust to present Wellness Prgm.; Dana has reached out to Gopher ~ they seem to have people shuffling positions so challenging to connect with; Dan asked for input on his ideas
HEALTH: Kayla reviewed status, still chasing a couple
DANCE: no report tonight

B. Request for Proposals - due by May 21

We have 56 commitments and 72 sessions available.

7 have asked to discuss fees. TOY recipients and MAHPERD members are expected to "give back" and not receive compensation.

- C. Keynote and Endnote ideas (*Michelle Obama, Scott Todem Health TOY, Radiant Beginnings/Mindfulness, Chris Pribish*) [Nick Kline suggestions](#) Steve Gross

Susan expressed her expectation that keynote and endnote cover all disciplines.

KEYNOTE:

see Nick Kline suggestions: SHAPE attendees recommend Pam or Jim
If Nick brings speaker OPEN pays expenses with exception of room; MAHPERD covers room; Keynote would also offer a couple sessions; Deb is willing to host a conference call with Pam and Susan, Maria, Kayla, Dana

Maria Court from Gopher: keynote and present; keynote description is in RFP; Deb will host a conference call (Tim F in favor)

ENDNOTE:

Tim B: hasn't heard back from Randy (blind hiker) regarding fee
 Life Is Good, Steve Gross (fee unfavorable)
 Norm Bossio ~ we've had him a couple times in the past

- D. Monday night event update (Dana)
 - American Legion is booked; ELKS \$600, cash bar, ??? snacks, have corn hole boards
 - Dana reached out to Gopher to sponsor but hasn't heard back
 - Susan has a contact for School Specialty / Sport Time
 - Need to decide rules and post
- E. Banquet Meal and [Lunch Options Update](#)
 - Gabby reports student taco lunch was great!
 - Susan asked if we should continue with lemonade and ice tea = YES.
 - Kayla raised the point there may be less push back on \$2 increase if lunch is something new.
 - Susan will work with others on banquet meal menu changes.
- F. [PrevMe - MMC conference session proposal](#)
 - Contact Deb with a request to submit a proposal.
 - We are unclear what they are looking to do; may be helpful for kindergarten screening.
 - Perhaps they could have a table in the exhibit hall.
 - Deb will follow up.

Business Meeting

called to order at 6:02 pm

- A. Approval of minutes from [April 3, 2019](#)

MOTION TO APPROVE 4/3//19 MINUTES	2ND MOTION	YES/NO/ABSTAIN	PASS/FAIL
Tim	Kayla	All in favor	SO MOVED

- B. Treasurer Reports for approval April, 2019
 NO APPROVAL DUE TO NO OFFICIAL REPORT
 Checking account balance as of 5/7/19 \$25,171.82
 Expenses: Deb's stipend, SHAPE expenses

MOTION TO APPROVE TREASURER REPORT	2ND MOTION	YES/NO/ABSTAIN	PASS/FAIL
NA	NA		

- C. Reports: No approval needed

- a. President ([May 2019](#))
 - Susan complimented Maria on providing a last minute report at the Eastern District Association business meeting at SHAPE; Susan gathered ideas from other states; Susan has a couple leads on possible sponsors; Susan asked Education Commissioner to speak at conference but she is not available ~ if we want her for 2020 we should book her now, deputy commissioner is available to speak briefly at general session
- b. Executive Director ([April 2019](#))

Liz has approximately 15 new nominations. Andy has agreed to be OFP Coordinator. Awards information has been updated on the website.

- c. DOE liaison ([May, 2019](#))
Regional workshops registration is low... may postpone until fall.
All schools are now required to have suicide prevention protocols in place.
Many education bills are in process in the legislature.

D. Old Business

- a. Hall of Flags, Report - Kayla & Jamie
Kayla reports it went well ~not many other organizations were present which may have decreased foot traffic; met great people in support of HE and PE.

Side note: new tablecloth is available for presentations

- b. Regional Workshops/Professional Development Opportunities Spring 2019 - report
Dana ~ March 2, 20 participants
Pictures have been added to website; video soon to be added

- c. Final review of the budget
 - i. Finalize proposal to increase conference fees [Proposal for fee increase](#)

MOTION TO APPROVE FEE INCREASE FOR FINAL BUDGET	2ND MOTION	YES/NO/ABSTAIN	PASS/FAIL
Kayla	Tim B.	All in favor	So moved

- ii. Sponsorship packet for conference and web site [Sponsorship](#). Packet Letter is in the shared folder. Deb thanked those who contributed testimonials.
- iii. Review proposal to increase [exhibitor fees proposal](#)
- iv. Conference meal expenses and revenues ([2019 conference](#))
Updated with \$2 increase.
- v. Health.moves.minds from [SHAPE - MOA](#)
At some point the discussion of raising revenue.... Need to review this MOA to determine if we want to be part of this in the fall.
- vi. Dana is working with CATCH. MAHPERD needs to sign MOA.
Susan reports there is no exclusion clause. It would be helpful for others to offer to be pilot sites. Susan will confirm that we have no responsibility beyond signing MOA to accept funds. We will promote the program with membership.

E. New Business

- a. Sharing from SHAPE America Convention attendees
Tim F.'s first experience = awesome and highly recommends people going.
Dana reports great sessions, all worth the time.
Tim F. reported on ESSA money, Carly Wright can provide amount going into districts.
Need to ask administration about money available and advocate for its use.
Leslie reports all sessions were great, weather was great, great time!
No one was able to attend SHAPE's health moves more session.
- b. Vote on proposed 2019/2020 budget: see above

- c. Proposed June meeting date - Thursday, June 6
Challenging night with graduation. Many can not attend.
NO MEETING IN JUNE
VPs and VP elects may be asked to meet after May 21 to pull session proposals together.
- d. Maine Schoolsite Health Promotion Wellness Summit [Invitation](#) [Application](#)
MAHPERD is being asked to exhibit; 1.5 hour commitment, not during sessions.
Kayla will exhibit and ask someone to join her.
- e. Request from UMPI for [funding assistance for APE workshop](#)
September 27, 2019, Dr. Tim Davis, asking for help with expenses with keynote speaker
Deb will check with Kathy to inquire if we have sponsored something like this before and
if money is available.

We are trying to balance our budget and gather sponsors for our conference.
Tim B. does not recall past sponsorships similar to this request.
Would it be worth it to offer a small sponsorship in exchange for our name/logo on their
materials?
We will help to promote their conference but can not support financially.
Susan suggested they may be able to ask for Title IV money from local schools.

Deb will follow up and decline sponsorship.

- f. [Proposed Recreation award](#)
Tim F. asked Tim B. why recreation membership with MAHPERD is low?
Deb is hoping to facilitate connections between MRPA and MAHPERD; our conference is
more for programmers.
This will be a by-law change. Susan believes nomination requests may have included this
year. Next year will include recreation and dance awards.

Meeting adjourned at 6:57

Committee Meetings

6:30 - 7:00

- A. Review action plans for 2019 **TABLED A, a-c**

- a. Review of [roundtable notes from 2018 annual meeting](#)
- b. Report out where they are and next steps
- c. Set next meet before next Board meeting
- d. Make sure you have chosen a committee to work on: [2019 Committees](#)

IMPORTANT COMMITTEES CONNECT THROUGHOUT THE SUMMER.

- B. Dana requested time to talk about fundraising
What is the purpose of fundraising? What will funds be used for?
Money lost from AHA went into the general budget; fundraiser for scholarships;
fundraiser for a specific part of conference. Tim B. states if we are more specific folks
may donate more.
Dana... how do we want to raise funds? Road races, CATCH, disc golf tournament, health
moves minds, golf tournament, grants
To put on an event will be a challenge.... Boots on the ground availability, expenses, etc.
Deb: we don't raise funds for operational costs, Deb's stipends, etc.
Kayla has a lead on raffles for paddleboard and/or kayak; could be easy \$1000
Susan may be able to secure Sugarloaf package
Tim B. in the past Samoset also used to donate a package
Gopher and US Games may also offer.

Dana asked for assistance looking at grants... will send out links.
Tim B. ~ Items need to be set beforehand so we can promote drawing.
If we want to sell tickets outside of conference, need to be ready in September.
Andrea proposed those selling tickets would keep a percentage.

Future Events/Meetings:

MAHPERD BOARD MEETINGS: Cross Building, Augusta

- Thursday, September 12
- Wednesday, October 9

74th MAHPERD Conference, Samoset Resort
November 3 - 5, 2019