75th Annual Conference

November 1, 2, 9, & 16

Reflecting Back, Looking Forward

Engage • Educate • Inspire

Keynote Speaker
Jamie Sparks
Sunday, November 1
6:00 pm

Redefining Our Community with Health Equity

Endnote Speaker
Pender Makin
Maine Department of Education Commissioner
Monday, November 16
7:00 pm

Reflecting Back, Looking Forward

www.maineahperd.org
### Maine AHPERD 2019 - 2020 Executive Board

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
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<tbody>
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[www.maineahperd.org](http://www.maineahperd.org)
Welcome to the 2020 MAHPERD Virtual Conference.

I’d like to personally welcome each of you to the 2020 MAHPERD virtual conference, as we continue to grow and adapt, remaining always motivated and responsive. MAHPERD is confronting a time of many changes and we are meeting these changes during a time of larger nation-wide and global change. The world of Health Education, Physical Education, Recreation and Dance is an exciting area in which to work and we will continue to meet and bring inspired people together in forums like this, to ensure that MAHPERD remains at the cutting edge.

I’d like to thank each of you for your dedicated work to health education, physical education, recreation and dance, especially since March of 2020. You have the vision, the knowledge, the wherewithal and experience to help us pave our way into the future. Throughout this virtual conference I ask you to stay engaged, keep us proactive and help us shape the future of MAHPERD. My personal respect and thanks goes out to all of you.

Deb Smith
Executive Director
CONFERENCE REGISTRATION OPENS

SEPTEMBER 4, 2020

TAKE ADVANTAGE OF THE $75 REGISTRATION FEE FOR 2020
*this includes your $35 MAHPERD membership fee for 2021

Attend as many or as few of the sessions for this one low price!

Registration is electronic and available on the MAHPERD website.

Cash, checks and credit cards are accepted.
Purchase orders are not accepted.

1. Indicate on the registration form which sessions you plan to attend
2. Pay with a credit card OR download an invoice
3. Use the invoice to get payment from your school/organization

MAHPERD must receive your registration payment prior to November 1, 2020 in order for you to receive the ZOOM links!

ZOOM LINKS will be emailed to all paid registrants on
Saturday, October 31, 2020

CONTACT HOURS, CEU’s AND CERTIFICATES of attendance will be available.
Details will be provided prior to conference.
PLYOGA CERTIFICATION LIVE ON LINE

SUNDAY, NOVEMBER 1, 2020
8:00 am - 2:00 pm

*ONLY $59 PER PERSON* (normally $199) AND PLYOGA will donate $10 back to MAHPERD per registration!

PLYOGA® is a 4-part high intensity interval training system using accelerated and fundamental Yoga as a fluent and active recovery for Plyometric movements. PLYOGA® uniquely focuses on utilizing all exercise planes evenly. PLYOGA® is an equipment free format that caters to every participant through balance, agility, power and endurance work. It allows each person to shine in their comfort zone while pushing them to excel where challenges present themselves.

*CONTINUING EDUCATION UNITS - CLASS & 20-DAY UNIT PLANNING
*FULL TEAM SUPPORT & INTEGRATION INTO THE PLYOGA SYSTEM & TRAINING MANUAL
*A FORMAT DESIGNED IN PLANES OF MOTION, GIVING YOU FREEDOM OVER CLASS DESIGN
*TEACH FITNESS ANYWHERE & EQUIPMENT FREE WITHOUT SPACE LIMITATIONS
*AN INTRICATE UNDERSTANDING OF FITNESS RESOURCESFULNESS
*5 STEPS TO IMPLEMENTING A MOVEMENT CULTURE
*VALUABLE RESOURCES FOR PE FOR BOTH IN PERSON & DISTANCE LEARNING

Here’s what participants who just completed this on-line certification are saying:

"I took this certification class today. These 6 hours went faster than most one hour classes/webinars. I HIGHLY RECOMMEND for hours, ideas, workout(s), AND certification as a Plyoga instructor. If we continue online classes, I feel a lot more confident about creating a workout for my students."

"I highly recommend this class! The day went by fast...great balance of lecture and movement!"

REGISTRATION IS AVAILABLE ON THE MAHPERD WEB SITE.

This is a separate fee from your conference registration fee.
SUNDAY, NOVEMBER 1, 2020

HEALTH PRE-CONFERENCE

Using A Progression Of Skill Model To Ensure Skills-Based Health Education Instruction

Skills-based Health Education is currently a buzz term in conversations, blogs and on social media. What does it really mean to be skills-based? How can we push our way of thinking to be more skills-based?

Come to this session to learn more about an approach to health education using lessons and units with assessments that are truly skills-based. Participants will be able to engage with the lessons, participate in activities and see examples of student work. Units are based on one of the seven national skill standards which align to the Maine Learning Results with content woven in as context. Participate in activities that will help you begin to develop a skills-based health education unit. Example scope and sequences will also be shared. All resources shared during the session are accessible to the public.

**Presenter:** Jessica Lawrence, Director of Cairn Guidance  
**Time:** 2:00 - 3:45 pm  
**Discipline:** PK-12 Health

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PHYSICAL EDUCATION  PRE-CONFERENCE

Teaching Physical Education in 2020 And Beyond!

The pandemic has changed and will continue to impact the landscape of physical education for years to come. This session will focus on the resources available on OPEN to help educators navigate our new reality. Participants will learn strategies to keep students safe and maximize MVPA. We will highlight tools and strategies available to support social and emotional concepts, as well as OPEN’s Priority Learning Outcomes for Physical Education.

**Presenter:** Nick Kline, NBCT, Be the HYPE Consultant, and OPEN National Trainer  
**Time:** 2:00 - 3:30 pm  
**Discipline:** K-12 PE
Join us

Sunday, November 1, 2020
KICK OFF THE 75TH CONFERENCE
WITH A VIRTUAL SOCIAL
Time: 5:00 - 5:45 pm
Bring your favorite beverage, log into ZOOM and check in with your college buddies, professors, and colleagues before the conference begins!

UMPI  ST. JOSEPH’S  UMF  UMAINE
MAHPERD  HUSSON
SUNDAY, NOVEMBER 1, 2020

KEYNOTE PRESENTATION

Time: 6:00 - 6:50 pm EST

Presenter: Jamie Sparks

R.O.C. - Redefining Our Community With Health Equity

COVID-19 has changed the world in so many ways, and the impact on education certainly will redefine educational priorities for years to come. SHAPE America Past-President Jamie Sparks will offer an in-depth perspective into ETR’s Health Equity Framework specifically through the lens of systems of power, relationships, and networking. Jamie will explain the importance of health and physical educators embracing the Whole School, Whole Community, Whole Child approach as a way to truly redefine the path for the profession moving forward beyond 2020. A whole child focus to educational priorities offers tremendous opportunities for more wholistic school accountability measures in the future: healthy, safe, challenged, supported and engaged.

Special thank you to:

for Sponsoring Jamie Sparks at our 2020 conference!
2020 MAHPERD Award Winners

Join Us On Sunday, November 1 at 7:00 pm To Honor
The 2020 MAHPERD Award Winners

Elementary Physical Education TOY

Middle School Physical Education TOY

Secondary Physical Education TOY

Middle School Health Education TOY

Secondary Health Education TOY

2020 Honor Award
2020 Lay Person Award
2020 Outstanding Future Professionals
US Games

is the proud sponsor of

Teachers of the Year

In honor of award recipients, US Games, OPEN, and BSN Sports are providing:

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• $200 GIFT CERTIFICATES
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• TOY TRAINING WEBINAR

Dajuan Jingles
US Games Territory Manager
972-406-7114  djingles@bsnsports.com
MONDAY, NOVEMBER 2, 2020

Session 1 - Making Moving Connections Across Disciplines

As a physical educator, you have probably made strong connections and friendships with classroom teachers. These connections lead to the sharing of ideas for integrating meaningful connections across disciplines to enhance learning. This session will help you further those connections. Together we will explore portions of *From Fire to Inspire*, a program I created using the teaching and learning of a physical skill to build a framework of images that weave a thread that anchors, connects, and transfers to all learning. Children learn how their brain learns as they learn. Physical educators can then use the framework in physical education and help classroom teachers add a new dimension to classroom movement activities that engage learners and enhance learning.

**Presenter:** Liz Giles-Brown  
Time: 6:00 - 6:50 pm EST  
Discipline: Elem PE

Session 2 - What To Expect As A New Professional

New to the teaching professions of physical education and/or health education? Want to know what the rest of the story is regarding your first three years of teaching? Join us in a Q+A/discussion on what challenges, excitement and real life ‘happenings’ occur as a ‘newbie!’

**Presenters:** Kayla McGee, Lewiston HS Health Education Teacher & Lynn D’Agostino, Brunswick Elementary Physical Education Teacher  
Time: 6:00 - 6:50 pm EST  
Discipline: Students & New Teachers (3 years or less)

Session 3 - Shifting To Distance Learning: Ideas and Sharing

Join this session to learn ideas that teachers can use for distance learning. These strategies will be great for when you are out of the classroom and need sub plans, online snow days, or extended periods of time when you may need to teach from home. Erin will share some of her ideas, strategies, and tools and then open it up to a group sharing session.

**Presenter:** Erin Bjorkdahl, HS Health Education Teacher, BEHS  
Time: 6:00 - 6:50 pm EST  
Discipline: All HE/All PE

Session 4 - Outdoor Teaching/Learning Spaces

Help your school manage outdoor spaces. How to complete an inventory and advocate for improvements, enhancement or additional spaces.

**Presenter:** Todd Papianou, Mountain Valley HS, Rumford  
Time: 6:00 - 6:50 pm EST  
Discipline: Rec/All PE
MONDAY, NOVEMBER 2, 2020

Session 5 - Creating An Interactive Virtual Gym for K-12 PE Students And Teachers

A virtual gym is a great way to provide an online learning environment that allows for live interaction between the teacher and students as they are participating in learning and physical activities. This session will not only teach you how to create your very own customized virtual gym, but will walk you through how to create your own avatar! In addition, you will learn how to create links to objects in your gym to provide a wide variety of fun physical activities and concepts for your students to explore and move to! This is a great tool to use while teaching remotely.

**Presenter:** Maria Corte, PE Teacher at Mesa HS, Mesa Arizona
**Time:** 7:00 - 7:50 pm EST
**Discipline:** K-12 PE

Session 6 - Skills-Based Health Education: Another Buzz Word Or Real Transformation

Health education is distinct from other subject areas that students study at school. COVID19 is bringing to light the effects of the reality of the lack of health literacy in our society. Perhaps the most immediate difference is that health is not just about information you memorize from a textbook. It's something students, staff, and families are literally living and breathing every day. It's not enough to simply teach students information about health. As health educators, we must help them master key concepts and skills that promote health literacy and lifelong health. This is the foundation of why HealthSmart was developed and remains a nationwide favorite by teachers for implementing a skills based approach to health education.

**Presenter:** Jamie Sparks, School Health Program Manager
**Time:** 7:00 - 7:50 pm EST
**Discipline:** K-12 Health

Session 7 - Breakin’ It Down...Dance Routines

Chris will introduce participants on how to create and teach dance routines by breaking down songs to their core. Chris has developed his own style of fitness drumming called Fit To Drum and has had success teaching kindergarteners to adults full routines within a single class period. In this session, we will break down how to teach and create movement patterns, but more importantly, break down the song. With Chris’ extensive background in drumming, music, and fitness, he will help you discover the rhythm you swear you don’t have.

**Presenter:** Chris Rowley, Pleasant Hill Elem. School Scarborough
**Time:** 7:00 - 7:50 pm EST
**Discipline:** Rec/Dance/All PE
Session 8 - Distance And In-school Learning For Students With Disabilities: Planning, Creating, Asynchronous Learning For Pre-K-12

In this session Rose will discuss strategies for designing, creating, and implementing, asynchronous and synchronous physical education curriculum, in the on-line or hybrid teaching and learning environment for students with disabilities. Rose will share the work she has created for students in K-2, 3-5, 6-8, and high school.

Presenter: Rose Marie Angell, Ph.d. APE Teacher - (MSAD 75) And Adapted PE Task Force Chair
Time: 7:00 - 7:50 pm EST
Discipline: K-12 PE/APE

The SHAPE America National Convention & Expo is the only event of its kind! Choose from over 400 sessions featuring world-renowned speakers, honorees, athletes, and researchers. Visit the trade show highlighting over 200 products and service providers. Unite with friends and colleagues, and forge new relationships with professionals from across the country.
**Session 9 - Writing Skills-Based Assessments In Health Education**

Jessica will share a newly drafted, no cost health education performance assessment toolkit developed by Cairn Guidance. It includes a step by step process for writing effective, skills-based, relevant, engaging and fun health education assessments for K-12 students. Participants will engage with the toolkit, have an opportunity to begin developing an assessment and leave the session with resources to help them continue this work with their local curriculum!

**Presenter:** Jessica Lawrence, Director of Cairn Guidance  
Time: 6:00 - 6:50 pm EST  
Discipline: MS/HS Health

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**Session 10 - Children With Intellectual & Developmental Disabilities, And Project: Let's Go!**

The Let's Go! 5-2-1-0 program encourages students to eat healthy and be physically active. Diane will present training opportunities and discuss her work that is focused on meeting the needs of children, youth, and adults with disabilities. Join the more than 1,014 schools sites in Maine and New Hampshire who are currently implementing successful Let's Go! 5-2-1-0 programs.

**Presenters:** Rose Marie Angell, Ph.d, (SAD 75) & Diane Boas Project Manager Let’s Go  
Time: 6:00 - 6:50 pm EST  
Discipline: APE/All PE

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**Session 11 - PE With Palos Virtual Classroom**

This presentation focuses on individual physical education in the schools as well as family PE at home. Tim will cover modified and new games using standard equipment as well as discuss how to use common items found at home for physical education. This year we need to get away from high activity group games and focus on individual skills, SEL, and family PE at home. Tim will also show participants how to create their own Virtual Classroom.

**Presenter:** Tim Taggart, Palos Sports  
Time: 6:00 - 6:50 pm EST  
Discipline: K-8 PE
Session 12 - Leveraging Technology in HPE
Join us to explore how technology can be leveraged to improve student learning. All participants will gain access to a myriad of free resources created by generous Health and PE professionals from around the globe.

**Presenters: Mark and Becky Foellmer**
Mark is the IAHPERD Past President and Becky is author of Breakout EDU Games For HPE
Time: 6:00 - 6:50 pm EST
Discipline: All HE/PE

Session 13 - CATCH My Breath – Evidence-Based Vaping Prevention Program for In-School or Distance Learning
CATCH My Breath (CMB) is the first “evidence-based” vaping prevention program. It is based on a Social Cognitive Theory model of prevention and aligns with the National Health Education Standards. Participants will learn about this grade 5 - HS curriculum program and how a variety of educational strategies and activities increase students’ knowledge and motivations to abstain from e-cigarettes and build skills for resisting peer and media influences. Learn how schools are addressing its need for e-cigarette prevention by using the CMB program in a distance learning environment.

**Presenter: Marcella Bianco, CATCH My Breath Program Director**
Time: 7:00 - 7:50 pm EST
Discipline: MS/HS Health

Session 14 - Leveraging Social Media For Athlete Education & Development
Learn how to leverage social media to your coaching advantage during the COVID-19 pandemic! This session is tailored to utilizing Instagram as an athlete development resource in the absence of face to face interaction with our athletes. The creation of a social media plan devised to increase strength, conditioning, and nutritional habits of student-athletes will be discussed and provided.

**Presenter: Lyndie Kelly, Coordinator Of Strength & Conditioning At UNE**
Time: 7:00 - 7:50 pm EST
Discipline: Coaches/HS/MS PE
MONDAY, NOVEMBER 9, 2020

Session 15 - Apps for Teaching Remotely
Feeling overwhelmed with teaching remotely? Learn how to successfully navigate and utilize Google Apps for both instruction and homework! Apps covered include Google Sites, Google Slides, Zoom, Slido, and more! Teachers will leave with a tool kit to prepare their own lessons and assignments in these apps.

Presenter: Emma Campbell, Dance Teacher Thornton Academy
Time: 7:00 - 7:50 pm EST
Discipline: All

Session 16 - How Social Emotional Learning And Health Education Work in Tandem For Students And Adults
Health educators will have an opportunity to explore the critical connections between health education and Social Emotional Learning (SEL). Participants will explore the intentional teaching of the 5 core SEL competencies (from the CASEL framework) within the health education setting. The goal of all education is to invest in our youth's emotional and academic outcomes and grow "Good Human Beings" Join Kellie and discover how growing your own EQ is the first step in SEL and Health Education alignment. Kellie is a certified mindfulness educator so come prepared to learn through experience a strategy or two to reduce stress for you and your students during this unprecedented school year.

Presenter: Kellie Bailey, MA CCC-SLP, MMt/SELI
Social Emotional Learning Specialist at Maine DOE
Time: 7:00 - 7:50 pm EST
Discipline: Pre K - HS Health

WE HONOR OUR MAHPERD PAST PRESIDENTS AND THANK THEM FOR THEIR LEADERSHIP

We had extended an invitation to these living Past Presidents to join us to celebrate 75 years of MAHPERD!

Paula Drake Hodgdon, Fred Douglas, Shirley Jones, Diann Perkins, Verge Forbes, Paul Leplay, Lorraine Jordan, Pat Smith, Robert Cobb, Claire Drew, Royal Goheen, Rhonda Clements, Ronald Thompson, David Birch, Stephen Butterfield, Peter LeVasseur, Nancy Kelley-Cram, Peter Harrison, Katherine Wilbur, Jack Sheltmire, Colleen Rioux, Doug Self, Lee Gilman Scott, Deyanne Worcester, Darla Castelli, Barbara Hanscom, Margaret Gould Wescott, Nellie Orr, Jon Cahill, Rose Angell, Mark Savage, Kristin Grant, Marge Queen, Christine Standefer, Jayne Chase, Kathy Sutton, Elaine Michaud, Sara Thurston, Andy Gray, Kristen Tyler, Maria Newcomb, Susan Berry
MONDAY, NOVEMBER 16, 2020

5:30 - 5:50 pm
Log in and join the 20 minute MAHPERD social. Bring your beverage of choice. We will have a variety of items to give away. All prizes will be distributed to winners.

MONDAY, NOVEMBER 16, 2020
ENDNOTE PRESENTATION
TIME: 6:00 - 6:30 pm EST
Pender Makin, Commissioner Maine DOE

REFLECTING BACK, LOOKING FORWARD

MONDAY, NOVEMBER 16, 2020
TIME: 6:35 - 7:15 pm

MAHPERD BUSINESS MEETING, ELECTIONS, & GIVE-A-WAYS!
MAHPERD Past Honor Award Recipients

Layperson’s Award

1986 Edward Miller, N. Warren Bartlett, Deborah Deatrick, YMCA Sanford/Springvale
1987 Richard Bartlett, MDOE; Bill Green, WCSH; Boothbay Region YMCA
1987 Wayne Barclay, AHA
1989 Cathy Bradeen Knox
1990 Dr. Lani Graham, ME DHS, Paulette Leblanc, Family Planning Assn of America
1992 Dr. Zsolt Koppanvi, MCH
1993 Marge Medd
1994 Michael Fiori, Downeast Pharmacy, Inc.
1995 DeEtte Hall, ME DHS; Barbara Gordon, Mid Coast Hospital of Bath
1998 J. Duke Albanese, Commissioner of Ed.
1999 Robert Cobb, University of Maine
2000 Dora Anne Mills, ME DHS
2001 Bill Primmerman, MDOE
2003 Elanna Farnum
2004 David Stockford, MDOE
2005 Dennise Whitley, AHA; Karen O’Rourke, ME. Ctr. Public Health
2006 Karen Baldacci, Maine First Lady
2007 Becky Smith, Maine Coalition
2008 Representative Lisa Miller
2010 Heath Pierce, UNE
2012 Catherine Hoffmann, ME Dairy Council
2013 Gary Urey, AHA
2018 Kristie LeBlanc, Somerset Public Health

Worthy of Praise

1999 Katharyn Zwicker, Gary Spinney, Lynne Haynes, Dodi Saucier
2000 Barbara Godfrey
2002 Christine Standefer, Bruce Jones
2003 Barbara Hanscom
2006 Michele Danois, Stephanie Swan
2007 Sue Nile, Carolyn Gross
2008 Deb Smith
2009 Kathy Sutton
2011 Gary Spinney
2012 Jayne Chase, Susan Berry, Sue Kelly
2016 Elaine Michaud, Liz Giles-Brown

Worthy of Praise (continued)

1999 Katharyn Zwicker, Gary Spinney, Lynne Haynes, Dodi Saucier
2000 Barbara Godfrey
2002 Christine Standefer, Bruce Jones
2003 Barbara Hanscom
2006 Michele Danois, Stephanie Swan
2007 Sue Nile, Carolyn Gross
2008 Deb Smith
2009 Kathy Sutton
2011 Gary Spinney
2012 Jayne Chase, Susan Berry, Sue Kelly
2016 Elaine Michaud, Liz Giles-Brown

Distinguished Leadership

1980 Patricia Gallagher, Loris Booker, Mattie Gagnon
1981 Ian MacKinnon, Robert Crumier, Molly Call
1982 James Sullivan, Marilyn Layman, Wally LaFountain, Lucy Lindsey, Florren Harlow
1984 Ron Thompson, Raymond Miclon, Bill McManus, Joni Averill
1986 Margaret Wescott
1987 Peter Doran
1989 Stephen Butterfield, Peter LeVasseur
1990 Christine Bearce
1998 Katherine Wilbur, Dianne Rossi
1999 Jocelyn Dill
2000 James Rog
2004 Liz Giles-Brown
2009 Marge Queen
2011 Glenn Reif
2013 Stephanie Swan
2014 Christine Standefer
2015 Kathy Sutton
2018 Barbara Godfrey

Highest Praise

1982 Diann Perkins
1988 Claire Drew, Royal Goheen
1998 Lee Gilman Scott
1999 Caroline Gentile, Walter Abbott
2000 Joseph Pechinski, Paula Hodgdon
2008 Stephen Butterfield, Katherine Wilbur
2011 Jo Dill
2012 Christine Bearce
2014 Marge Queen
2015 Paula Hodgdon
MAHPERD Presidents 1945 - 2020

1945-46 George Albert*
1946-47 Wallace Donovan*
1947-48 Fred Higgins*
1948-49 Henry LaValle*
1949-50 Amy Thompson*
1950-51 James Grooms*
1951-52 Doris Fritz*
1952-53 Frank Downey*
1953-54 Laura Hoyt*
1954-55 Donald Beals*
1955-56 Caroline Gentile*
1956-57 Caroline Gentile*
1957-58 Dana Doherty*
1958-59 Rose Lambertson*
1959-60 Richmond Roderick*
1960-61 Richmond Roderick*
1961-62 M. Ellen Cassidy*
1962-63 Richard Costello*
1963-64 Paula Drake Hodgdon
1964-65 Fred Douglas
1965-66 Shirley Jones
1966-67 Harold Woodbury*
1967-68 Diann Perkins
1968-69 Verge Forbes
1969-70 Marjorie Bither*
1970-71 Norman Perkins*
1971-72 Paul Leplay
1972-73 Betty Solorzano*
1973-74 Charles Merrill*
1974-75 Lorraine Jordan
1975-76 Al Card*
1976-77 Pat Smith
1977-78 Robert Cobb
1978-79 Claire Drew
1979-80 Royal Goheen
1980-81 Royal Goheen

1981-82 Rhonda Clements
1982-83 Ronald Thompson
1983-84 Ronald Thompson
1984-85 Ronald Thompson
1985-86 David Birch
1986-87 Stephen Butterfield
1987-88 Peter LeVasseur
1988-89 Nancy Kelley-Cram
1989-90 Peter Harrison
1990-91 Katherine Wilbur
1991-92 Jack Sheltmire
1992-93 Colleen Rioux
1993-94 Doug Self
1994-95 Lee Gilman Scott
1995-96 Deyanne Worcester
1996-97 Royal Goheen
1997-98 Darla Castelli
1998-99 Barbara Hanscom
1999-00 Margaret Gould Wescott
2000-01 Nellie Orr
2001-02 Jon Cahill
2002-03 Jon Cahill
2003-04 Rose Angell
2004-05 Mark Savage
2005-06 Kristin Grant
2006-07 Marge Queen
2007-08 Marge Queen
2008-09 Christine Standefer
2009-10 Christine Standefer
2010-11 Jayne Chase
2011-12 Marge Queen
2012-13 Kathy Sutton
2013-14 Elaine Michaud
2014-15 Sara Thurston
2015-16 Andy Gray
2016-17 Kristen Tyler
2017-18 Maria Newcomb
2018-19 Susan Berry

*deceased
Teacher of the Year Award Winners!

1987 Elementary Phys Ed - Gary Spinney
Secondary Phys Ed - Dianne Folsom
Health Education - Stephen Merrill
1988 Elementary Phys Ed - Nancy Kelly Crum
Health Education - Cindy Flye
1989 Elementary Phys Ed - Jocelyn Dill
1990 Elementary Phys Ed - Barbara Kelly
1991 Elementary Phys Ed - Christine Bearece
Middle School Phys Ed - Robert Dyer
Secondary Phys Ed - Robert Brainard
1992 Elementary Phys Ed - Michael Smart
Middle School Phys Ed - William Carr
Secondary Phys Ed - Donna Jordan
1993 Elementary Phys Ed - Linda Hansen
Middle School Phys Ed - Susan Lougee
Health Education - Kathleen Sutton
Dr. Richard Bartlett APE Award - Bob Dyer
1994 Elementary Phys Ed - Becky Varnum
Middle School Phys Ed - Jana Raspante
Secondary Phys Ed - Lynne Haynes
Dr. Richard Bartlett APE Award - Anine Stanford
Middle School Phys Ed - Mary Ellen Schaper
Secondary Phys Ed - Darla Castelli
Health Education - Polly Ireland
Dr. Richard Bartlett APE Award - Dave Eldridge
1996 Elementary Phys Ed - Jon Cahill
Elem/Middle School Phys Ed - Rose Angell Secondary Phys Ed - Mark Savage
Health Education - Jeanne Billings
Dr. Richard Bartlett APE Award - Dodi Saucier
1997 Elementary Phys Ed - Karen Hunt
Middle School Phys Ed - Phil Conley
Secondary Phys Ed - Carolyn Neighof
Dr. Richard Bartlett APE Award - Jayne Chase
1998 Elementary Phys Ed - Dawn Russell
Middle School Phys Ed - Ivan Braun
Jr. High School Phys Ed - Laurie Leavitt
Dance Instructor - Margaret G. Wescott
Dr. Richard Bartlett APE Award - Joan Sawyer
2000 Elementary Phys Ed - Kristin Grant Elementary/Middle Phys Ed - Tim Pearson Health Education - Stacy Caruso, Dr. Richard Bartlett APE Award - Kristen Grant
2001 Elementary Phys Ed - Susan Nile
Middle School Phys Ed - Lisa M.Ronco
Secondary Phys Ed - Jim DiFrederico
Health Education - Kim Bartholomew
2002 Elementary Phys Ed - Sharon Beaudoin
Middle School Phys Ed - Barb Hamlin
Secondary Phys Ed - Jason Pangburn
Health Education - Marie Potvin
2003 Elementary Phys Ed - David Norwood
Middle School Phys Ed - Laura Gardiner
Secondary Phys Ed - Jeannette Peters
Dr. Richard Bartlett APE Award - Marcia Grant
2004 Elementary Phys Ed - Marge Queen
Middle School Phys Ed - David Wilbur
HS Phys Ed - Jamie Russell
Health Education - Susan Lewis
2005 Elementary Phys Ed - Lori Frost
Middle School Phys Ed - Brian Cronin
HS Phys Ed - Shelley Drillen
Health Education - Cindy Porter-McLaughlin
Dr. Richard Bartlett APE Award - Merita McKenzie
2006 Elementary Phys Ed - Rose Prest-Morrison
Middle School Phys Ed - Barbara Redding
HS Phys Ed - Karen Reardon
Health Education - Janet Proulx
Dr. Richard Bartlett APE Award - Sue Sorg
2007 Elementary Phys Ed - Kathy Calo
Health Education - Brenda Weis
Dr. Richard Bartlett APE Award - Laurie Poison
2008 Elementary Phys Ed - Jon Woodcock
HS Phys Ed - Wayne Martin
Health Education - Sara Doucette
Dr. Richard Bartlett APE Award - Tim Pearson
2009 Elementary Phys Ed - Darcy Gulvin
Health Education - Linda Cote
Dr. Richard Bartlett APE Award - Mary Ellen Schaper
2010 Elementary Phys Ed - Jason Pangburn
Middle School Phys Ed - Elaine Michaud
Health Education - Stephanie Carter
2011 Elementary Phys Ed - Eric Pulsifer
Middle School Phys Ed - Joe Cormier
2012 Secondary Phys Ed - Tom Hinds
Elementary Phys Ed - Marcia Grant
2013 Elementary Phys Ed - Elizabeth Harrington
Secondary Phys Ed - Tracie Martin
Middle School Phys Ed - Nancy Curtis
2014 Health - Bryan Dionne
Dr. Richard Bartlett APE Award - Andrea Lee
Middle School PE - Becky Wetherbee
2015 Elementary Phys Ed - Nick Lyons
Middle School Phys Ed - Michele Higgins
2016 Middle School Health - Amanda Roy
Elementary PE - Lynn D'Agostino
Middle School PE - Gregory Rose
2017 Middle School PE - Barbara Russell
Elementary School PE - Rebebecca Belmore
High School PE - Jack Kaplan
Health Education - Jeni-Lee Cash Jordan
Dr. Richard Bartlett APE - Claireynn Roundtree
2018 High School PE - Dan Gish
Elementary PE - Anne Printup
Dr. Richard H. Bartlett APE - Rebebecca Belmore
Health Education - Denise Allen
2019 Elementary School PE - Dana Welch
High School PE - Rick Kramer
Health Education K-8 - Roxanne Mayhew
Health Education HS - Erin Bjorkdahl
Dr. Richard Bartlett APE - Rose Marie Angell