Maine Association for Health, Physical Education, Recreation and Dance

You are invited to the
72nd Annual MAHPERD Conference

November 5-7, 2017

The Maine Association for Health, Physical Education, Recreation and Dance invites you to attend the 72nd Annual MAHPERD Conference held at the Samoset Resort on November 5, 6 and 7.

RELEVANT AND CURRENT PROFESSIONAL DEVELOPMENT
Come and enjoy the wide array of sessions and exhibits. As you attend the sessions, we hope you will be inspired to take away something to share with your students, colleagues, and parents. Enjoy the time to network with other professionals, and visit with the exhibitors to gather valuable resources. Plan to attend the opening general session and all-conference session to be inspired by our national keynote speakers.

OVER 70 STATE AND NATIONAL SPEAKERS
- Valuable new programs, products and services for health, physical education, recreation and dance
- Instructional and assessment tools for developing physically and health literate individuals
- Modeling of proficiency-based instruction in physical education and health education for all grades
- Learn best practices in curriculum and instruction such as teaching standards-based lessons and implementing a skills-based approach to teaching health education and physical education

NEW: PAPER CONFERENCE PROGRAMS WILL NOT BE PROVIDED AT THE CONFERENCE. MAHPERD is going green. Participants will download an electronic copy of the Conference Program from the MAHPERD website, print a copy and bring to the conference or use the conference app on their phone or other electronic device.

MONDAY LUNCHEON SUPPORTED BY MAHPERD
Join us for Monday lunch at a reduced price of $10. Lunch includes salad, entrée, dessert, beverage, tax and gratuity. Immediately after lunch hear the keynote speaker, Judy LoBianco, at the All-Conference Session.

EARLY BIRD CONFERENCE REGISTRATION
DEADLINE – OCTOBER 28, 2017
REGISTER EARLY & SAVE $10
MAHPERD Conference Registration

ON-LINE REGISTRATION ONLY

Registration for the 2017 MAHPERD Conference opened on September 15. Registration will be done electronically; cash, checks or credit cards will be accepted - no purchase orders. Payment should be received before the conference. If you register on or before October 28 you can take advantage of the reduced early bird conference registration rate. Registrations made after October 28 will be charged the full rate.

To register, go to: www.maineahperd.org Home Page

1. Click on the Conference Registration Link
   OR
2. Choose the Conferences tab, Click on 2017 MAHPERD Conference, Click on Registration

FREE AHA Recognition Breakfast for JRFH/HFH Coordinators

2016-17 JRFH/HFH Coordinators are invited to a Recognition Breakfast on Monday. Do NOT sign up for Monday Breakfast on the conference registration form. The breakfast is sponsored by the AHA and is free.

To Reserve a Room at the Samoset Resort

Reservations will be accepted from September 1 to October 28, or until all rooms have been booked. $125 single or double rooms; $288 suites.

All room reservation will now be done over the phone. Lodging reservations can be made by calling the Samoset Resort directly at 800-341-1650.

WANT CONTACT HOURS/CEUs?

15 Contact hours will be available for all conference participants.

1.5 CEUs from the University of Maine can be earned for those attending the entire MAHPERD Conference!

Need Financial Help to Attend the Conference?

The MAHPERD Professional Development Grant Program provides financial support of $150 for up to 8 MAHPERD members to attend the MAHPERD Conference. Grant applications are quick and easy and must be submitted by 10/6/17.

To submit a grant application, go to www.maineahperd.org/Opportunities/Grants, click on the link to the 1-page simple application.
Joshua Medcalf
President and Founder of Train to be CLUTCH
General Session
Monday 11:10 - 12:30 pm
Knox County Ballroom

Joshua is one of the most sought after people in the world of mental conditioning, leadership, and life skills. He created the first mental training apps in the world for basketball, soccer and golf. He has written four books. He is also one of two people ever to be invited to work with UNC Women's Soccer (22 National Championships) on mental conditioning. His keynote is sure to inspire!

Every conference participant will receive a free copy of Joshua’s newest book, Chop Wood, Carry Water: How to Fall in Love With the Process of Becoming Great.

Judy LoBianco
President-Elect for SHAPE America
All-Conference Session
Monday 1:15 - 2:10 pm
State of Maine Hall

Moral Courage: UnLeash Your Inner Champion!

This keynote will address the need for advocacy in our professions at the local level in order to take back our profession one gymnasium and classroom at a time.

BOOK YOUR ROOM EARLY!
Samoset Resort Reservation Deadline
October 28, 2017
or when rooms are filled!

Call the Samoset Resort directly at 800-341-1650. If you are rooming with another person(s), please give the name(s) at this time. Be sure to specify that you are with the MAHPERD Conference to receive the special rate.

Remember to present your school’s tax-exempt form upon checking in so you will not be charged a room tax.
2017 Tentative Conference Sessions At-A-Glance

REGISTRATION

Sunday 12:45 pm - 6:00 pm; Monday 7:30 am - 4:00 pm; Tuesday 7:30 am - 10:00 am

EXHIBITS

Sunday 2:00 pm - 6:00 pm; Monday 8:00 am - 3:00 pm

Sunday, November 5, 2017

2:00 - 5:00 pm Proficiency-Based Education Work Session for Health Education & Physical Education
Presenters: Amanda Roy, Todd Mercer, Andy Gray, Erin Borkdahl, Taryn Watts, Kathy Tuttle, Chris Knickerbocker (Members of the teacher leader group HEPEC will be facilitating).

This 3-hour working session will allow health and physical educators to work on their proficiency-based education backwards design, curriculum, instruction and assessments. Come prepared with your targets/standards, current curriculum work, and district guidelines. Beginners - Advanced HPE Welcome.

2:00 - 3:30 pm  Session 1

Compassionate Listening  Sara Rose Swan
Net Generation - School Tennis  Eric Driscoll
Walk for the Health of It  Diane Walker
Maine Ultimate  Nicole Welch & Rich Young
Dance & Technology  Emma Campbell
Making Nutrition Education Tasty: School Nutrition & Health Education  Eliza Adams & Samantha Gowens-Gasbarro

3:45 - 5:15 pm  Session 2

Creating Comprehensive Sexuality Programs That Work  Lynette Johnson & Vicki Preston
Creating Peace: Mindfulness for the Classroom w/Yoga & Breathing  Melissa Urey
Technology to Support PE  Nick Kline
It’s All About the Foam, the Foam, the Foam  John Smith
Thinking Differently about Autism Spectrum Disorders  Andrew Kahn
Roundtable Discussion on Ways Recreation and PE Work Together  Tim Baude
Mindfulness and Movement  Sasha Malone

6:15 - 7:15 pm AWARDS BANQUET (Knox County Ballroom)

7:15 - 8:00 pm AWARD PRESENTATIONS (Knox County Ballroom)
Monday, November 6, 2017

6:00 am Registration for the Sunrise 5K Fun Run & Walk – Meet in the Lobby

5:30 - 7:30 am Samoset Pool and Fitness Center Open (No charge for hotel guests)

7:00 - 8:15 am BREAKFAST for Participants (State of Maine Hall)

7:00 - 8:15 am AHA RECOGNITION BREAKFAST (Golf Club Dining Room)

8:20 - 9:20 am Session 3

Technology Creep - Creating a Wellness Decline
Jump Rope for Heart
Promoting Social-Emotional Learning in the HE and PE Classroom
Sports Medicine Update for Coaches

Allan Brown
Gary Urey & Lynn D’Agastino
Carol Ciotto
Wayne Lamarre, Kristen Bailey & Angela Potter
Mike Bailey & Kendra Brown
Charla Parker Krahnke

Take Initiative
OPEN the Possibilities
Everything You Wanted to Know About Adapted Physical Education, But Did Not Know Who to Ask (Part 1)
Interviewing...What Do You Need to Know
West Coast Swing Introduction
Creating an Inclusive Classroom - LGBTQ+Cultural Competency

Steve Butterfield
Tim Baude
Katie Tranzillo
Quinn Gormley & Ambureen Rana

9:30 - 10:30 am Session 4

What's the Buzz? Youth Substance Use in Maine
Dove Self Esteem Project
Learn Ways to Create Healthy Learning Environments
Fast, Furious, Fun Fitness
Move It! MVPA at Its Best
What is Proficiency?
Hip Hop Movement for Teaching in PE Classes
Everything You Wanted to Know About Adapted Physical Education, But Did Not Know Who to Ask (Part 2)
Your Voice in the Maine Basketball Community

Lee Ann Dodge
Jessica Lawrence
Diane Boas
John Smith
Dana Welch
Lauri-Beth Rankin
Katie Brooks
Steve Butterfield
Peter Murray, George Conant, Rick Clark & Jody Grant

10:35 - 11:05 am VISIT WITH THE EXHIBITORS AND REFRESHMENTS (State of Maine Hall)

11:10 - 12:30 pm GENERAL SESSION & KEYNOTE PRESENTATION (Knox County Ballroom)

12:30 - 1:15 pm LUNCHEON BUFFET ($10 with support from MAHPERD) (State of Maine Hall)

12:30 - 1:15 pm FREE STUDENT TACO LUNCH (sponsored by CAIRN GUIDANCE/DOVE SELF-ESTEEM PROJECT) (La Bella Vita Restaurant)

1:15 - 2:10 pm ALL-CONFERENCE SESSION - BUSINESS MEETING & KEYNOTE SPEAKER (State of Maine Hall)
2:20 - 3:35 pm  Session 5

Components of Comprehensive School Suicide Prevention Program
Greg Marley & Karyn Bussell
ACTION! Team Activities & MVPA Assessment
Jesse Stapp
Developing Triple Impact Competitors
Eric Eisendrath
Advocacy 101
Judy LoBianco
Unified Sports: PE & Unified School Sanctioned Sports
Ian Frank
Cross Curriculum Drumming
Carol Richards
Choose Your Challenge
Jess Anderson
Frisbee Games: Fun & Skills
Charla Krahmke
Disc Golf Tournament
Adam Boyington
Organizing Formative Assessments to Align w/Content in Health & PE
Evan Graves, Rose Angell, Jen Pinette & Liz Hemdal

3:45 - 5:00 pm  Session 6

Nutrition: Focus on Real Food & Resources
Karen Reardon
Building Resiliency & Mental Wellness
Jenna Mehnert
Active Kids=Active Minds
Heather Chase
Elementary Outdoor Education
Nicholas Lyons
Introduction to Spike Ball
Justin Norwood
Disability & Adapted Sports & Activities in the Gymnasium
Rachele Burns & Mike Dehetre
Corn Hole & More!
Nick Butler & Kristen Espling
Cardiovascular Health Intervention Program
Paul Visich, Rebecca Place & UNE Students
Learn How to Evaluate, Design & Implement Rubrics for PE & Health
Doreen Swanholm, Connie Hallett, Noah Morang, Daniel Lawrence & Leigh Croteau

5:30 - 6:15 pm SOCIALS – Join Us (MAHPERD - Penn Bay Room; UMPI - Vinalhaven Room)

6:20 - 7:20 pm DINNER BUFFET (State of Maine Hall)

7:20 - 7:30 pm TICKET AUCTION DRAWING (State of Maine Hall)

7:30 - 11:00 pm NIGHT ON THE TOWN (Oakland Park Bowling Center – Rockport or Fun in Downtown Rockland)

Until 9:00 pm Samoset Pool & Fitness Center Open

Information will be coming regarding the EduPlus conference app.
Get information on sessions, presenters, exhibitors and special events all on your personal device!
Tuesday, November 7, 2016

8:20 - 9:20 pm  Session 7

Designing Innovative & Student Choice Projects in Health Education  Cassiopeia Turcotte
Join the Movement & Become a Let’s Go School  Ashley Edmondson
Going Pro with Teacher Analysis  Kristen Espling
South Bristol School MVPA Challenge & Barrel Ball  Liz Giles-Brown
Middle School PE Sharing  Shaun Robson
Implementing CPR in Schools  Becky Smith & Gary Urey
Cardio Drumming & Adaptive PE  Carol Richards

9:35 - 10:35 am  Session 8

Health Education Sharing  Maria Newcomb & Gabby Adams
Sexual Violence Prevention & Building Healthy Relationships in Schools  Ryan Tardiff
Group Fitness Warm-Ups  Michelle Higgins
Elementary PE Sharing Session  Dana Welch
Wheelchair Activities  Andrea Lee
Zumba Fitness  Nancy Curtis
Golf Safely in Middle & High School  Chad Kirkpatrick

10:45 - 12:00 pm  Session 9

Health, Nutrition & the School Garden  Jared Grenier & Kelsey Fortin
Guiding Principles & Proficiency-Based Learning  Diana Doiron
High School PE Collaborative  Mike Bailey
Updates from Maine DOE: Laws, Policies & Programs  Susan Berry & Jean Zimmerman
HIIT It with Tabata  Rebecca Good & Renee Savage
MRPA Track & Field (No Track, No Problem)  Tim Baude & Matt Bouchard

Outstanding Professional Development

Check out the sessions and share with your principal. This is your opportunity to learn the latest information about proficiency-based education as well as the most effective and up-to-date health education and physical education lessons/programs for your students. Check out the sessions and share with your administrators. The conference includes sessions for effective health education and physical education; helpful and practical uses of technology; interactive, skill-based teaching strategies; and standards-based rubrics and assessments.

Don’t miss out on this outstanding, comprehensive and diverse programming!